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To

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Email: integralnewsicf@gmail.com

Contact: 9003141464, 9003149539, 9003149659

Chief Editor: K.Ravi, SSE/Shop80

Associate Editors:

M.A.Jaishankar, SSE/M&P

A.R.S.Ravindra, SSE/WS

K.Sudhir, SSE/Shop41

Treasurer:R.Mehalan, Ex-SSE/IT-ICF

Shell Offices:V.Ramesh, SSE/Project

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N.Jeganivasan, Stores Inspector

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S.N.Vivekanandan, Ch.OS/P9

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TTC: J.Selvakumar,SSE/TC

D&D: Sabapathinathan.M,SSE/D&D

Hospital: Raju Balaji, Ch.OS

Web: K.Chandran, Webmaster/IT

Advisors:

S.Muthukumar, Dy CME/TPTY/SCR

B.Chandrasekaran,SME/D-II

K.N.Mohan, WM/A/S

R.Srinivasan, APE/PR/F



The Republic Day was celebrated at ICF on 26.01.2013 at ICF Stadium. Sri Abhay K Khanna, General Manager, ICF, unfurled the National Flag and inspected the parade of ICF Railway Protection Force contingents, NCC cadets, Scouts & Guides, St John's Ambulance cadres, apprentices of ICF Technical Training Centre, and children of ICF schools.



Sri Abhay K Khanna, GM/ICF, inaugurated the 20th meeting of the EMU – Maintenance Study Group conducted by RDSO at D&D, ICF, on 18th and 19th Jan'13. Addl Member/Electrical and officers of user railways participated to solve the maintenance problems faced in EMUs by the user railways.



Sri Abhay K Khanna, GM/ICF and Sri Pankaj Kumar, CME/ICF flagging off the first LHB-EOG shell from Shell to Furnishing on 2nd Jan.



GM and officers at the meeting with Ambattur Industrial Estate Manufacturers' Association held on 3rd Jan to improve the supply of trade items.



Annual Day of ICF SJ School was held on 24th Jan in which GM participated as Chief Guest.



Mrs Sandhya Khanna, President, ICF Women's Welfare Organisation, inaugurated the hobby centre on 8th Jan.

➤ Dr K.Chellamani, Addl CMS, inaugurated the pulse polio immunization programme at ICF on 20th Jan.

➤ Pongal Day was celebrated by the officers with spouse at Officers' Club on 25th Jan, organized by ICFWWO.



Martyrs' Day was observed on 30th Jan with two minutes silence at all offices and shops of ICF.



Republic day was celebrated in shops also. DyCME/Fur, Sri M.E.Srinivasan, hoisted the flag at Furnishing.

Children's Treat was organized at ICF Institute on 26th Jan in which competitions were held for children and the winners were given prizes. GM/ICF participated as the Chief Guest for the function.

✓ In some of the reservation counters, the Duty Passes are not permitted to book tickets in "Duronto" express. IRTSA represented this issue to administration and demanded to stamp the OD pass as "Entitled to travel in Duronto Express". Demand accepted-- E.Ramesh, SCM

✓ Seshadri, Staff of Accts dept of Southern Railway headquarters, acted swiftly when he saw his daughter's friend Anupriya, 18, slip and begin to slide on to the track through the gap between the train and the platform as she hustled along with a group of friends to board a passenger train, at Kodambakkam on 27th Jan. He grabbed her and hauled her back on to the platform. However, before they could recover from the shock and move away to safety, the train started to move. Its sides knocked Seshadri and the girl to the platform. They suffered injuries. They were moved to hospital and Seshadri was declared 'brought dead'. Anupriya was saved.


✓ Northern Railways made history on 28th Dec as the first train chugged through Asia's II longest & India's longest railway tunnel (11.21 km) through the Pir Panjal mountain range, connecting Kashmir Valley to Banihal town on Srinagar-Jammu National highway. The tunnel will reduce the travel distance between Qazigund and Banihal from 35 kilometres (by road) to just 17.5 kilometres (by train). The rail link will provide an alternative link between Kashmir and rest of the country as Srinagar-Jammu National Highway gets blocked regularly due to heavy snowfall during winter.

✓ Railway authorities of BZA introduced imprest cash cards, with the help of SBI, to avoid handling of petty cash by field officers. This would help avoid cash handling up to Rs 30 lakh each month for transactions. 265 field officers in the division have been authorised as imprest holders. The cards would facilitate hassle-free payment of imprest recoupment amount which will be credited in the imprest account of SBI main branch.

From GM's Republic Day Address:

- ✓ In 2012 ICF got Golden Peacock Eco-Innovation award and Sampoorna Dak Jeevan Bima Sangathan award.
- ✓ In 2012 international seminar on “Emerging Coach Technology” and seminar on “Welding Technology” were held at ICF.
- ✓ In 2012 ICF produced 1511 coaches crossing the milestone of 45000th coach with 450 different designs.
- ✓ ICF has come out with innovative designs like 20 berth FAC, SS coach for MRVC Phase-II, aerodynamic nose cone front for ACEMU, modified fuse distribution board, LED based berth indication, SS battery boxes, improved design of Jigs& Fixtures etc.
- ✓ Association with IIT and NID is on the anvil to make ICF coaches safer and passenger-friendly.
- ✓ Quality issues have been a cause for concern. We should prepare ourselves for the hard work.
- ✓ In 2013 prototype of world class coach will emerge from ICF. Projects worth Rs252 cr have been undertaken for capacity augmentation of 1700 coaches, Bio-toilet, Kolkata Metro, 3Ph IGBT ACEMU, 3Ph IGBT 1600 HP DEMU, HS SPART, Switch over to LHB SS coaches, FIAT Bogie shop, New spring shop etc.
- ✓ ICF's GoGreen policy has been widely acclaimed. We should showcase ICF as “Green ICF, Safe ICF”.
- ✓ Regenerative breaking for MRVC has already resulted in savings over Rs100 cr in addition to carbon credits.
- ✓ Rly Board has sanctioned Rs40 lakh for renovation of ICF stadium.
- ✓ Shri RR.Laxman-Chess, V.Aravindan & Satish-Ball Badminton, Prabakaran-Volleyball, Sureshkumar-Kabadi have brought laurels to ICF.
- ✓ Adopting new standards prescribed by RDSO, ensuring quality while production, adhering to safety norms, learning to acquire new skills such as LHB coaches, adherence to targets will take us to new heights.

The following officers have secured first rank in their respective training conducted by RSC/ Vadodara and received Gold Medal from DG/RSC on 31st Jan.

		
J. Maran, DyCEE Mgt Developmt Programme	S. Anandan, SPO Basic Integration Programme	N. Kamaraj, AWM Basic Foundation Programme

Last date for submission of application:

- JE & Technician – CMRL = 16.02.13 (online)
- Suggestion of best innovation on IR award 31.03.13



Traverser TR3F, which was condemned and a hindrance to daily work, was cut and removed by ICF staff during Pongal holidays. Though Pongal is an important festival of Tamilnadu, the staff came to work considering the importance of the work which cannot be done during working days.



A new Press Brake of 200T capacity was inaugurated by Sri S.K.Paswan, CWE/F, on 11th Jan at shop33.



Kum. Malavika, D/o T.N. Sudhakaran, SV/S, has won 1st Prize in the State Level Bharathanatyam competition conducted by Tamilnadu Art & Culture Department on 29th Dec at Nagarkoil. She received Rs.10000, Certificate & Gold Medal from the Hon'ble Minister, Sri Pachaimmal



Selvi Akshaya, D/o.R.Ravi, OS/COS/F & Kalavathi, Steno/CWE/F office, has bagged 2nd Prize in Bharatanatyam Junior Category in the 45th All India Competition in Music and Dance conducted during Jan'13 by 'Navya Nataka Samiti' in collaboration with Department of Culture, Govt. of AP.

Earlier she stood 'First Best' in Bharatanatyam Junior Category in the 'All India Multi-Lingual Drama, Dance, Music contest/Fest National Harmony 2011' organized by Akhil Bharatiya Sanskritik Sangh, Pune during May'11.



Ms.B.Thendral Hepsibha, w/o of Mr. J. Jayapaul Joel, office of CWE/Fur office, has been awarded Ph.D Degree from Mother Teresa Women's University, Kodaikanal, on 10th Jan in a function held at Madurai presided by His Excellency Dr.K.Rosaiah, The Governor of Tamilnadu and Mr.P.Palanisamy, Honorable Minister for Higher Education, Tamilnadu. Her Research work is on Rheumatoid Arthritis. Currently she is heading the PG Department of Biotechnology at Alpha Arts and Science College, Porur, Chennai.



Master M. Leo Sachin, S/o C. Martin Samuel, Constable / RPF / CIB / ICF and student of Don Bosco, Egmore, has been selected to represent the Tamil Nadu State Team to play in the South Zone Inter State under-14 Cricket Tournament at Hyderabad.

Healthy baby show will be held at 09.00 Hrs on 16.02.13 at ICF hospital. Parent may register the name of their baby to Smt Deepalakshmi, Sr Clerk/CMD's office. Explanation will be given on childcare and healthy food by children's doctors. Mothers may bring the immunization card without fail. Prize will be given to children who win the show.

OFFICIAL POSTINGS

Name S/Shri/ Smt	Previous	Present
Vijay P Meshram	COS	Leave
Jagdish Prasad	CMM/Proj	+ COS
Dr S.V.Sampath Rajan	CPO	Retired
K.Rajendran	S.Rly	CPO
L.N.Prasad	CDE/E	CMRL
S.P.Vavre	S.Rly	CDE/E

The posts of Dr V.Kannan, Dr K.Chellamani and Dr A.Rajeswari have been redesignated as Addl CMS.

WE DEEPLY MOURN THE SUDDEN DEMISE OF THE FOLLOWING EMPLOYEES

Sl	Name S/Shri	Designation
1	N.Kalisekaran	Tech-1/85
2	A.Ramu	SrTech/48
3	E.Deivanayagam	OS/27
4	T.Arjunan	Tech-1/30
5	K.Ramakrishnan	Tech-1/30
6	M.Manicka rao	Helper/36

STAFF INFLOW - LAST MONTH

Sl	Name S/Shri	Design	Shop
1	Mahesh Kumar Meena	Trainee	14
2	Mintesh Kumar	Trainee	14
3	Rahul Champia	Trainee	14
4	Ashish Khalkho	Trainee	20
5	Dinesh Chand Meena	Trainee	21
6	Jaitun Minz	Trainee	21
7	Maujee ram Meena	Trainee	21
8	Mukesh Kumar Meena	Trainee	21
9	Vijay Singh Meena	Trainee	21
10	Basant Munda	Trainee	22
11	Krishna Chandra Soy	Trainee	22
12	Mahesh Ram Manjhi	Trainee	22
13	Rohit Biruly	Trainee	22
14	Subaha Singh Meena	Trainee	22
15	Upendra Bage	Tech-3	41
16	D.raghuvaran	Trainee	45
17	Ganesh Kumar	Vendor	Canteen
18	Manish Kumar	Vendor	Canteen
19	N.Vellaiammal	Vendor	Canteen
20	Rajaram	S.B.Peon	CWE/F
21	A.Srinivasa Rao	Peon	D&D
22	N.Selvamani	Helper	Engg
23	S.K.Ramesh	Helper	Engg
24	Chetram Meena	San cleaner	Engg
25	Elias Tigga	San cleaner	Engg
26	Ramraj Meena	San cleaner	Engg
27	Butthala Sreenu	Helper	Hospital
28	Nirmaladevi.M	Jr Steno	PB
29	P.Raj Vasanth Sekar	OS	PB
30	A.Ramesh Gandhi	Helper	Stores/S
31	K.Nesamani	App Mech	TTC
32	M.John Marshall	App Mech	TTC
33	R.Gokul Chandra kumar	App Mech	TTC
34	C.Balamurugan	SSE	TTC
35	M.Selvamani	SSE	TTC

CIRCULARS

2012 AC50: The charges for occupation of holiday homes revised.

2013 AC01: Dates of payment of wages/salary/ incentive bonus: 31Jan, 28Feb, 1Apr, 30Apr, 31May, 29Jun, 31Jul, 31Aug, 30Sep, 31Oct, 30Nov, 2Jan.

AC02: Financial upgradations under ACP/MACP Schemes CANNOT be to a higher Grade Pay than what are allowed to an employee on his normal promotion.

AC03: SBF committee formed with CPO as Chairman, CMD& CE as Members, APO/Welfare as Secretary,

Staff representatives are S/Shri M.Venkatrao, K.V.Ramesh, V.Swaminathan, M.Ravikumar, A.Ravi and S.Sevagaperumal. The period will be till 19.01.14.

AC04: Existing methodology and benchmarking for promotion may be applied till 31.3.13, till further orders.

AC05: Rate of Interest for advances sanctioned for purchase of conveyances during 1.4.12 to 31.3.13 are revised. Advances for purchase of scooter/ motor cycle = 9% and that of Motor car = 11.5%.

ABOUT ICF

by Sri R.Srinivasan, APE/PR/F, 9003141449

F SHED

This Shed is situated adjacent to E shed and New Wheel Shed and consists of Shop 41, TOOLROOM. It has a floor space area of 3450 Sq.M.

In every manufacturing industry Tool room plays a very vital role of manufacturing, procuring, storing, calibrating, maintaining and repairing of all types of TOOLS, JIGS & FIXTURES, INSTRUMENTS AND EQUIPMENT required for Production.

At ICF, Shop 41 Tool room is arranged in Process layout. It has two basic activities of working such as Tool room –Fitting and Tool room Machining. It has various Sections as listed below.

1. Heavy duty Jigs & Fixtures -411
2. 1000T Press tools maintenance- 411/1
3. Light duty Jigs & Fixtures manufacturing -412
4. Calibration of IMTEs 412/2
5. Maintenance of Major assembly fixtures in B shed-413
6. Pneumatic tool maintenance. 414
7. Milling section. 415
8. Lathe section. 417
9. Grinding section. 418
10. Forging Die blocks. 419

IMPORTANT MACHINES

Description	Make	Capacity	Cost . Cr	Age Yrs
MAS Co-ordinate Jig boring machine	Kovosvit, Czechoslovakia	1600 x 1000mm 2000Kgs	0.09	39
CNC Wire cut machine	Fanuc, Japan	350x500x300 mm, Accuracy: 1 micron	0.85	21
CNC Universal Milling machine	MAHO, West Germany	500x600x400mm, accuracy: 5 microns	0.55	22
CNC Jig boring Machine	MitsuiSeiki Kogyo, Japan	1020x760x800 mm Accuracy ±1.5micron	1.44	24
Double column Planning machine	HOMMA, Japan	5x1.5x1.5 Mtr Accuracy: 0.05mm	1.97	21
CNC Turning centre	PMT machine	Dia 450 x 1000mm	1.75	2
Copy milling mc	StarragRigid Switzerland	900x500x400 mm	1.95	22

IMPORTANT ACTIVITIES OF TOOL ROOM

1. MANUFACTURING OF PUNCH & DIES, JIGS & FIXTURES

➤ Any Tools including Punch & Dies, Jigs & Fixtures requirement will be planned well in advance by Planning Dept.

➤ If similar tool exists in tool room advice will be given to Tool room to service it and keep ready.

➤ If not available, advice will be sent to Jig & Tool Design dept to design the required Tool.

➤ After preparation of Drawing & approval, Planning will issue Paper Ticket Work Order (PT work order) to Shop 41 to manufacture the tool.

➤ Tool room will function similar to a production shop and manufactures the tool, calibrate it and keep ready to issue to concerned shop.

2. MAINTENANCE OF JIGS & FIXTURES, 1000T PRESS TOOLS, ECENTRIC PRESS TOOLS:

➤ All the Press Tools like Carline Blanking tool, Carline Forming tool, Body pillar blanking tool, Body pillar forming tool, window blanking tool, window forming tool for BG conventional and EMU builds are maintained by re-sharpening or replacing the segments.

➤ In B-shed(Main Assembly Shop) maintenance of Jigs includes Conversion of Assembly Jigs from one build to another, Major modification, and reconditioning of Assembly Jigs are done by Tool room.

➤ During maintenance of Punch and Dies for Eccentric press, re-sharpening/replacement of broken segments are carried out.

3. CALIBRATION OF IMTEs: (INSPECTION, MEASURING & TEST EQUIPMENT)

➤ Toolroom is the sole agency for calibrating all the linear measuring instruments. (Vernier caliper, Outside micrometer, Depth gauge, Tri-point micrometer, Height gauge, Bevel protractor, Welding gauges, Snap gauges, Plug gauges, Profile checking gauges, Bar type gauges, Hammer type gauges, Jigs & Fixtures, Templates, etc.).

➤ Each calibration involves checking the size for confirmation and rectification if needed.

➤ In an average 2500 nos. of Instruments & Gauges and 400 nos. of Jigs & Fixtures' calibration are being done by Tool room.

➤ The frequency of calibration varies from 90 days to one year depending upon the production usage. If any discrepancies are found during calibration, the same are being rectified by Tool room.

➤ As per ISO 9001 norms, preparation of Master Calibration Plan, Maintenance of History cards are also done by Tool room. Moreover, recall advice and overdue advice for IMTEs to be calibrated are being sent by Tool room.

4. TOOL CRIBS AND F- SHOP MAIN STORE

- The cutting tools required for machining of production items are procured and stocked at E-shed and F-shed Tool cribs (i.e tool store). Tools are issued against each tool issue slip.
- The raw materials required for Tool room are procured and stocked at F-shop Main stores.

JIGS & FIXTURES

DETAIL	JIG	FIXTURES
Definition	It holds the workpiece and also guides the tool.	It holds the workpiece but does not guide the tool.
Size	normally very light in size, not fixed onto the machine table	Quite bulky in construction, fixed onto the table
Application	Limited usage	Widely used
Accuracy	more accurate, quality products	Not that much accurate

Note: At ICF all the assembly devices are actually Fixtures but they are referred as Jigs.

Punch and Die:

Shank: It is a solid cylindrical mild steel part, fine finished having threaded portion at one end. The upper part or shank enters into the machine ram freely and held in position by a gripping screw provided in the ram.

Shank holder: It is a rigid MS solid plate, threaded hole to suitable to suit the stud portion of the shank. There is one counter hole to suit the fastening screw.

Punch: It is a vertical tool steel part, the cross section of this part will be identical to profile of the hole to be punched or blanked. This is press-fitted in the punch plate.

Stripper plate: It is the plate in between punch and raw material to avoid sticking with punch during upward stroke.

Die block: It is a tool steel solid block with a clearance or exact hole to suit the punching or blanking of the stroke at its centre. This hole is parallel to some depth, generally 5 to 6mm and afterwards with a taper of 2 to 3° to exit the cut off pieces to fall down freely without any restriction.

Base plate: It is a MS solid plate of sufficient thickness on which the other two parts are fastened together to form a complete die unit.

Cutting clearance or Punch clearance: For complete severance of the material it is necessary that the punch should enter with the cavity of the die block. The space between each face of the punch block and die is called punch clearance. The amount of clearance depends upon the type of materials and thickness of the blank being sheared. The usual value of punch clearance is 5 to 8% of the plate thickness.

To shear stainless steel plates clearance should be 10 to 15%. For Blanking, Die should be in exact dimension. For Punching, punch should be in exact dimension.

TYPES OF DIES:

Simple die: In a simple die, only one operation is performed at each stroke of the ram.

Progressive die: In a progressive die, two or more operations are performed simultaneously at a single stroke of the press by mounting separate sets of dies and punches at two or more different stations. The metal is progressed from one station to the other till the complete part is obtained. (e.g.) Window blanking and Forming tool.

Compound die: In a compound die two or more cutting operations are accomplished at one station of the press in every stroke of the ram. (e.g.) Punch & Die for Compensating ring

Combination of Die: In a combination die, both cutting and non-cutting operations are accomplished at one station of the press in every stroke of the ram. (e.g.) Punch and die for dust shield, Door cup.

NOTE:

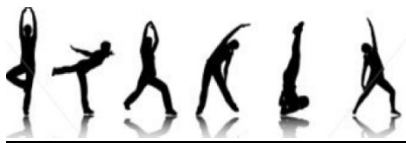
- 1) LHB U/F and Body assy. fixtures were manufactured in-house in a record time after the global tender did not materialize.
- 2) Assistance was given to Carriage works, Perambur, at every stage of manufacturing, erection and calibration of U/F assy. fixture and Body assy. fixture.
- 3) Gas cutting templates to manufacture racks for Ooty Nilgiris mountain rail tracks were supplied to EWS/Arakkonam workshop.
- 4) Connecting rods for Steam Engine ER-21 were manufactured and supplied to Loco works, Perambur.

(-- to be continued)

List of employees who have secured highest marks in the Hindi exam conducted in the month of Nov' 12

Course	Shell	Fur
Prabodh Shell: 174/200 Fur: 180/200	M.Nagalingham, JPM/PlgS, & R.Raghupathy, JE/22	G.Pakkiyaraj, SSE/36
Praveen Shell: 162/200 Fur: 157/200	J.X.Johnson Fernando, JE/45	N.Sathyanarayanan, SrClerk, Stores/F
Pragya Shell: 164/200 Fur: 160/200	G.Justin Ramanujam, JE/21	R.Muralidhar, JE/D&D, P.Periasamy, JE/87& R.Vinoth, Jr Clerk/CBS

- Holiday home can be booked 5 months in advance
- No of days for payment of the incentive bonus to SSE will be Jan, Sep=23, Feb, Oct=24, Mar, Apr, Jun, Aug, Nov =25, May=26, , Jul =27 & Dec =20.
- Last date for submission of application for festival advance : 12/2, 12/3, 12/4, 12/7, 12/8, 12/9, 12/10, 12/11& 12/12.



PHYSIO PAGE

MOVE... TO REMOVE...!

Physio.Kumaravel.M



PAIN - an INTRODUCTION

Pain is an unpleasant sensory and emotional experience associated with actual or potential tissue damage.

FEATURES OF PAIN

- Pain is **not a disease**. It is one of the major symptoms of many diseases.
- It is a **symptomatic gift** to doctors. It helps to accurately diagnose the problems.
- It is essential for **protection** of injury.
- It is body's important **communication tool**.
- It significantly interferes in one's Normal day-to-day function and the quality of life

CLASSIFICATION

Classifying the pain helps to assess the disease & treatment. There are many ways to categories the pain. From the pain relieving therapy point of view, pain may be classified based on causes and duration of the pain.

I. Based on causes

1. MECHANICAL PAIN

It may be due to small or major trauma / repetitive action or no action. E.g. sprain, Strain.

2. PATHOLOGICAL PAIN:

It is due to some diseases and the same may be sub classified as follows:

(a)**Inflammatory pain**; Pain due to inflammatory diseases. E.g. Arthritis

(b)**Neuropathic pain**: It is caused by diseases in the nervous system E.g. Trigeminal neuralgia (pain on face)

(c) Referral pain:

Tissue damage in one location is felt as pain in another adjacent site E.g. Heart attack

3. PSYCHOLOGICAL PAIN

This kind of pain is due to prolong mental illness/anxiety & depression.

II. Depending on the duration of pain.

(a) Acute pain: It comes on suddenly and lasts for a short duration- less than 30 days. This type of pain results from injury or diseases.

(b) Chronic pain: It lasts for a longer period –more than six months. This type of pain is mainly due to diseases. It is resistant to most of the medical treatment.

(c) Sub acute pain: The period between acute and chronic pain. I.e. From first month of pain to beginning of the seventh month.

C. TREATMENT

Treatment depends on causes, duration, and severity of the pain, accompanying symptoms, and age of patients.

REST: Rest is the best medicine for the most of the pains. Mainly short absolute rest relieves the acute pain

MEDICATION: Non-Steroid Anti Inflammatory Drugs/Anti convulsant drugs/Muscle Relaxants/ Analgesics/ Steroids/Anti depressors as per doctor's prescriptions.***Medicines must be taken only as per doctor's advice to avoid adverse effects.**

PHYSIOTHERPY: It is the best way to treat the most of the pain with fewer side effects.

Other Complementary Therapies: Temporary remedy by some alternative therapies such as Acupressure, Acupuncture, our nation's traditional Varmas etc...

SURGERY:

If the conservative treatment fails surgery is one of the alternative ways to relive the pain and prevent further complications.

Wait for further Steps to Move

The following wards of ICF staff have been given cash award from SBF for their performance in X&XII exams.

X- Matriculation- I Prize Rs4000 (99% Marks)
A.H.Anjala Beegum, D/o.Abdul Hameed SSE39

X- Matriculation- II Prize Rs3000 (98% Marks)
C.S.Chandravalli, D/o. C.Saravanan, SSE WSC
V.Nandhini, D/o. V.S.Venkatesh SSE37
V.Baghyashree, D/o. V.Namdeo Nikhar SSE42

X- Matriculation- III Prize Rs2000 (97% Marks)
R.Sangeetha, D/o. C.M.Ramesh babu, Tech1/15
K.Saikiran, S/o. R.Mangayarkarasi SrClerk/Plant Off
M.Monica Raj, D/o. C.K.Manickaraj, Helper/30

X- CBSE- I Prize Rs4000 (All A1)
R.Subhitcha, D/o. G.Ramkumar, JPM/MPO/S
P.Thomas, S/o. Paul Thomas, SSE/D&D

X- CBSE- II Prize Rs3000 (All A1-1)
R.Sanghavi, D/o. D.Ravichandran, AppMech
M.Keerthana, D/o. M.Manimaran, Tech1/39

X- CBSE- III Prize Rs2000 (All A1-2)
R.Abinaya, D/o. M.Rajendran, SO/PlgS
M.Devadarshini, D/o. S.Murugan, SSE54
L.Yamini, D/o. L.Pandurangarao, SSE/D&D

X- Anglo- I Prize Rs4000 (94%)
Biny Verghese, D/o. Verghese George, Tech2/30

XII- Matric I Prize Rs4000 (99%)
Ancy Philip, D/o. Jancy Lukose, SSO/Fur

XII- Matric II Prize Rs3000 (98%)
R.Kirthika, D/o. R.Raghuraman, SSE/87

XII- Matric III Prize Rs2000 (97%)
K.Aparna rao, D/o. K.Nageswararao, CLA

XII- CBSE I Prize Rs4000 (96.2%)
S.Rohith, S/o. R.Sivakumar, Tech1/18

XII- CBSE II Prize Rs3000 (96%)
M.Danushri, D/o. K.Anandhi, Sr Clerk, PlgS
P.V.Srinidhi, D/o. Chitra Vijayaragavan, SSO/Fur



Smt C. Thilakavathy, W/o.V.Veerachandran, SSE/30, a teacher at the Chennai Corporation School in Ayanavaram, has a different philosophy of teaching that involves taking students out on field trips during school hours. She takes them to various spots near school like library, post office, markets and gardens and allows them to observe real-world applications of the lessons for the past several years. She has been appreciated by one and all. Her name has been recommended to CM for best teacher award by the Chennai Corporation.

✓The Southern Railway has cancelled several trains plying between Rameswaram and other destinations across Tamil Nadu, from 15th to 19th Jan, due to the damage to the century-old Pamban bridge which was hit by a barge. As many as 10 trains were cancelled due to the damage of pier No.121 of Pamban bridge. On 14th the bridge was damaged as the barge towing a naval ship, which had run aground, drifted and collided with it. The train service was restored on 20th.

✓The Ministry of Railways has set up a central monitoring cell with the toll free number i.e. 1800-111-321 for the convenience of railway users to register their complaints regarding railways' catering services like food quality, over charging etc., both at railway stations and in running trains. This facility is available all seven days from 7 A.M. to 10 P.M.

✓Photocopy of Ration Card/ Nationalised Bank Passbook with photo attested by a Gazetted Officer/ CRS/ SM shall also be accepted as a prescribed proof of identity only in case of reserved tickets booked through computerized PRS counters, for undertaking journey in SL and 2S classes. This is not applicable for all classes of e-tickets and Tatkal tickets and tickets issued through PRS counter for travelling in AC/FC class.

✓The following staffs have been nominated for issue of emergency Pass/ PTO

K.R.Mani, Div cashier 13/1, East colony
Syed Mohammed SSE 133/3, West Colony
Elencheziyan SSE 770/1, South Colony
Kiran Baus ChOS 417/1 South Colony

✓Train fares have increased from 22.01.13: Second Class Ordinary (Suburban) 2 paise/KM, non suburban 3 paise/ KM, 2S = 4, SL = 6, CC =10, 3A= 10, FC=3, 2A=6 and FAC =10 paise/KM.

EMPLOYEES RETIRING on 28th February '13

1	DR MOHD RAPHY.	Addl. CMS	
2	KALYANASUNDARAM .J	Tech-1/Weld	10
3	DHAKSHINA .G	Tech-1/Weld	13
4	SUKUMAR.M	JE	13
5	RADHAKRISHNAN .B	Sr Tech/FGL	20
6	SAGUJA .P	Sr Tech/Weld	22
7	PURUSHOTHAMAN.A	Sr Tech/FTR	41
8	VEERAIYAN.R	Prog man	PCO/S
9	CHAKRAVARTHY.K	Chief DMS..	SD
10	MOHAN NAIR.P	Jr.Translator	Hindi
11	MANOHAR .R	Ch.XRRayTechn	Hosp
12	ANANDA RAO.R	Cook Gr-II..	Hosp
13	IRUDAYARAJ.S	SSE/D&D	D&D
14	KANDASWAMY .T	Tech-1/Carp	30
15	KRISHNAMURTHY.M	Tech-1/FGL	30
16	DHANASEKARAN .K	Sr Tech/Carp	30
17	KANAGARAJ .G	Sr Tech/Carp	30
18	SOUNDARI.G	Helper	32
19	INBARAJAMOORTHY.M	Tech-1/Carp	32
20	VIJAYAN .C	Sr Tech/Weld	33
21	GANESAN .K	Tech-1/GL	33
22	NAGARATHINAM .M	Tech-1/Elec	35
23	SELVARAJ .G	Tech-1/Elec	39
24	PURUSHOTHAMAN.G	Sr Tech/Paint	54
25	PERUMAL .P	Sr Tech/FTR	81

Integral News wishes them A HAPPY AND PEACEFUL RETIRED LIFE.

STAFF OUTFLOW - LAST MONTH

Sl	Name S/Shri	Design	Mode
1	P.Raju	Helper/Engg	Transfer
2	N.Somanpillai	Helper/88	Transfer
3	K.Manikandan	Helper/SD	Transfer
4	P.Suresan	Helper/SD	Transfer
5	P.P.Ramachandran	Helper/SD	Transfer
6	K.Vijaykrishnan	Helper/SD	Transfer
7	RaveendranNeliatan	Helper/SD	Transfer
8	G.Jayaraman	Tech-1/20	Med unfit
9	DhirenKumarNayak	Tech-3/21	Resignation
10	K.G.Praveen	Helper/88	Resignation
11	E.Kanagasabai	Tech-1/29	V.R
12	M.V.Mohanraj	Helper/Engg	V.R

Surabi Trust is a social organization situated at Villivakkam, opposite Singaram Pillai School (Ph No.26181920). It provides food, shelter and education to 11 parentless children. In addition to that it supplies Nutritious supplementary food to the economically weaker pregnant ladies. On 20.01.2013, the organization distributed Surabi-Puraskar award to 2 ICF employees and other social workers. Shri Anbu, Tech of SSE/SM/Office was awarded for catching innumerable snakes in and around the city without minding the risk for his life and Shri Nargunan, SSE/SM was awarded for saving two valuable lives in early 2011. Shri Gunganathan, Chief Health Officer of Chennai Corporation, distributed the awards.

