

From
ICF Staff Club
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AnnaNagar,Chennai-40

To

INTEGRAL NEWS

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D&L-shed: R.Shanmugam, SSE/13

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Stores: K.Damodaran, CDMS/SD

RT,RPF: R.Senthilnathan, SSE/48

11,23,41,TS: R.Jegathiswaran, SSE/41

Insp: J.Ananthakumar, SSE/42

Progress: P.K.Panda, SSE/PCO

CMT: G.Sivakumar, CMS-1

Electrical: D.T.Vijayaraj, SSE/45

Fur Offices: Harikumar, NV, SSE/MPO

Accts: Sudharsan, MN, SSO/Accts

PlgF, TS: G.V.Ramesh, SSE/TS/F

Stores: V.Annamalai, OS/P7

Fur Shops: R.Sundarrajan, SSE/30

30: Bipinkumar Karn, SSE/30

32,34: P.Sathyanarayanan, SSE/PC32

33: D.R.Suresh, SSE/33

80,81,37: D.Santhakumar, SSE/80

88,RRM: K.S.Rajakumar, SSE/88

Elect, CMT, IOW: M.Devaraj, SSE/85

36,54: M.Ganesan, SSE/54

Progress: D.Baskar, SSE/PCO

TTC: J.Selvakumar, SSE/TC

D&D: Sabapathinathan, M, SSE/D&D

Hospital: Raju Balaji, Ch.OS

Web: K.Chandran, Webmaster/IT

74, Tele, Union: D.N.Ramesh, SSE/Proj

Advisors:

S.Muthukumar, Dy CME/TPTY/SCR

B.Chandrasekaran, SME/D-II

K.N.Mohan, WM/A/S

R.Srinivasan, APE/PR/F

अशोक कु. अग्रवाल
महाप्रबंधक
ASHOK K. AGARWAL
GENERAL MANAGER



भारत सरकार, रेल मंत्रालय
सवारी डिब्बा कारखाना
चेन्नै - 600 038
Govt. of India, Min. of Railways
Integral Coach Factory
Chennai - 600 038

Dated: 18.12.2013

I am extremely happy that the "Integral News" magazine published by ICF Staff Club is disseminating various useful information and keep the staff informed about the recent achievements and developments in Indian Railways. I convey my felicitations to the Integral News Team for the meaningful job they are doing.

I am quite sure that all of us are working towards the production target of 1662 coaches for the current year 2013-14. With your sincerity, dedication and devotion to work, I am sure we will achieve this target and take ICF to new boundaries of excellence.

On this happy occasion, I wish all the members of ICF family a very happy and prosperous New Year 2014.

(Ashok K. Agarwal)
General Manager

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Shri Ashok K Agarwal, GM/ICF, receiving the award of I-Prize for Energy Conservation from the Hon'ble President of India, Shri Pranab Mukherjee



Shri P.K.Banerjee, COS/ICF, garlanding the bust of Bharat Ratna Dr B.R.Ambedkar at the lobby of Shell Admin building on Mahaparinirwan Divas, 6th Dec.

**MEMBERS ELECTED FOR ICF INSTITUTE
MANAGING COMMITTEE**

		
R.Ravi, Tech-1/21/Shell Ph: 8754469617	B.Palani, Tech-2/21/Shell Ph:9841356778	M.Thiagarajan, Tech-3/11/Shell Ph:9677168432
		
M.Tirupathi, Tech-1/11/Shell Ph:9840851235	D.Rameshbabu, Tech-3/21/Shell Ph:7871068188	D.Baskaran, Helper/30/Fur Ph:9444080852
		
R.Manivannan, Tech-2/30/Fur Ph:9677122794	S.Sathyanarayanan Tech-2/30/Fur Ph:9790824789	S.Rajasekar, Tech-2/81/Fur Ph:8754401855

OFFICIAL POSTINGS

Name S/Shri/ Smt	Previous	Present
K.Shanmugaraj	Leave	CMM/Project
R.Kutty Krishnan	Leave	DyCMM/P/F
K.Senthamarai Kannan	Principal/TTC	DyCME/LHB
P.R.Subramanian	AME/Dev	SME/I/F
V.Jayapragash	SME/I/F	SME/MRVC/F
Bharat Bhushan Harit	Leave	AME/Dev
K.M.Alexander	AWM/Project	AWM/A1/F
K.Sidharthan	SSE/29	AEE/Liaison

STAFF OUTFLOW - LAST MONTH

Sl	Name S/Shri	Design	Mode
1	Jagdish Kumar Maurya	Vendor	Transfer
2	Ashok Kumar Meena	San Cleaner	Transfer
3	D.Arumugam	San Cleaner	Transfer
4	C.Devadass	Tech-3/30	Med unfit
5	Ajay Kumar Ray	JE/Plg/F	Resigned
6	Shyam Prosad	Peon/Stores	Resigned
7	K.Ponnuswamy	SSE/82	V.R

**WE DEEPLY MOURN THE SUDDEN DEMISE OF THE
FOLLOWING EMPLOYEES**

Sl	Name S/Shri	Designation
1	R.Munuswamy	SrTech/45
2	E.Vijayakumar	Tech-2/85
3	O.R.rajendran	SrTech/21
4	K.R.Babu	Tech-1/30
5	M.Chitramoorthy	Helper/10
6	June Odath	Ch.OS/FD
7	L.Surendran	O.S/Canteen/S

EMPLOYEES RETIRING on 31st January '14

1	Selvaraj.M	CE.	
2	Anthony Raj.A	AWM/E	
3	Chandramouli.N	Sr.Tech/FGL	11
4	Narayana Bhoopathy.V	Sr.Tech/FGL	14
5	Gopinath.PL	Sr.Tech/Welder	14
6	Kumar.SV	Tech-1/FGL	14
7	Chandrakumar.D	Tech-1/Welder	16
8	Aravamudhan .KG	O.S.	18
9	Govindan .M	Sr.Tech/Welder	21
10	Laporte Rudolph.	Sr.Tech/FGL	21
11	Kumaragurubaran.G	Sr.Tech/FGL	22
12	Thandavamurthy.S	Tech-1/FGL	22
13	Lakshmipathy.K	Sr.Tech/Welder	23
14	Rajkumar.K	Sr.Tech/Elec	45
15	Swaminathan.S	Tech-1/FMW	48
16	Gurunathan.U	SSE	PCOS
17	Sankaran.P	Ch O.S.	Stores
18	Mohan.B	Ch O.S.	Stores
19	Kanakamma.S	Sr Clerk	PlgS
20	Lakshmikummar.A	Hd Constable	RPF
21	Neelamegan.G	Sr.Tech/Welder	27
22	Vijayakumaran .B	Sr.Tech/Elec	29
23	Mohanavelu.K	Tech-1/Carp	30
24	Kondiah.M	Tech-1/Carp	30
25	Seshammal.J	Helper	30
26	Varadharajan.A	Sr.Tech/Carp	30
27	Gopinath.KG	Sr.Tech/FGL	30
28	Ashok Kumar.S	Sr.Tech/MGL	33
29	Varadarajan.S	Sr.Tech/Elec	35
30	Ramu.N	Tech-1/Painter	36
31	Venkataswamy.S	Sr.Tech/Painter	54
32	Mohamed Aslam	Sr.Tech/Painter	54
33	Kuppusamy.M	Tech-1/Painter	54
34	Gopal.D	Tech-1/Painter	54
35	Radhakrishna.K	SSE	82
36	Krishnamoorthy.R	SSE	PCOF

We wish them A Happy & Peaceful Retired Life

Join a car-pool today and save fuel, for you and the nation. Kindly give wide publicity as a citizen of India.

- U.Karunakumar, WM/Plant/S

CIRCULARS

AC43: The post of Head canteen Manager has been reclassified as Non-Supervisory

AC44: List of holidays for the year 2014

AC45: Amendment to Rly services (Extraordinary pension) rules 1993

AC46: Amendment to Rly services (pension) rules 1993

AC47: Schedule for disbursement of Salary/ wages.

❖ The list of office bearers of zonal executive committee of AI SC/ST Rly Emp Assn is set aside for the time being as advised by Railway Board.

❖ The following staff have been nominated for issue of emergency Pass/ PTO

N.Gunasekaran, SSO, 2/1, East colony

M.John, SSE, 174/6, West Colony

Thirumalai Ramanan, SSE, 223/2, North Colony

P.Chandrasekaran, ChOS, 575/3, South Colony

Last date for submission of applications:

Progressman & Sr Progressman : 16.01.2014.

Gr-D(GP1900), Cultural quota in NFR 07.01.2014.

Asst Director/Admin (GP 4800) in NRM 06.01.2014.

CVI (GP4600) & VI (GP4200) in CORE 10.01.2014.

OSD/Tech GP4800, Gr-B in Rly Board 05.01.2014.

SSE/S&T, Civil, CMT & JE/S&T in RDSO 03.02.2014.

Trainer/ Resource person for Indian Railways 28.02.2014.

5775 posts of Gr-D in WR 14.01.2014.

RBE128: Relaxation of minimum educational qualification does not cover Sub Bungalow peons/ TADK

RBE129: Minimum educational qualification for recruitment in Pay Band-1 of (Rs.5200-20200 having Grade Pay of Rs.1800/- will be 10th pass or ITI or equivalent or National Apprenticeship Certificate (NAC) granted by NCVT.

RBE132: Weightage of 5 years in qualifying service for PRCP on VR shall be discontinued. No of PRC passes admissible per year with service of 20 years or more will be 3 sets for Gr-A&B, 2 sets for Gr-C and 1 set for Gr-D.

An Aadhar Biometric enrolment camp is being organized for the employees residing in ICF Colonies along with Chennai Corporation from 14.12.2013 on our colony premises. This programme entails biometric enrolment of residents and renewal of Aadhar card through National Population register. The camp will be organized at 230/2, North Colony for colony residents of East, West and North colony and at Yoga centre for the residents of ICF South Colony. Timing: 10.00hrs to 17.00hrs. All the employees residing in ICF Colonies are requested to avail this benefit. The Co-ordinating Staff & Welfare Inspector is: Sri. M.Essakki S&WI/ 8056050110



Selvi R. Priyadharshini, (D/o. Late Rajendran), Technician Trainee/ ICF, has won gold medal in fours and Quartable skull in the 72nd Amateur Rowing Association of the East-Far East China Creek international regatta held at Karachi.

Indian Railways Bags Highest Ever 22 National Energy Conservation Awards for the Year 2013

Awards	Zonal Railway	Rly. Stations	Rly. Workshops
I-Prize	N.C.R	N.R, Chandigarh	ICF
II-Prize	S.E.C.R	C.R, Nagpur	Northern Railway Jagadhri
Certificate of Merit	C.R, N.R	N.E.R, Chhapra W.R, Surat	N.W.R Ajmer N.E.R Izatnagar
Total	4	4	4

Awards	Hospital (open category)	Building (open category)	General (open category)
I-Prize	Vadodara, W.R	Dahod, W.R	Pumping Station, Guntakal, S.C.R
II-Prize	Allahabad, N.C.R, Churchgate W.R	Rajkot, W.R	
Certificate of Merit	Rajkot, W.R Vijayawada S.C.R	Vadodara, W.R Varanasi, N.E.R	
Total	5	4	1

❖ To enhance safety in Railway operations, the Indian Railways is now adopting first ever unique modern technology for maintenance of its passenger coaches, wagons and locomotives. The new maintenance technique, which uses acoustic method of diagnostics, is known as Acoustic Bearing Detectors (ABD) & Wheel Impact Load Detectors (WILD). When used in combination, they are known as Online Monitoring of Rolling Stock (OMRS) systems. This technique involves placing arrays of microphones and sensors that record the audible noise and forces generated by the running coaches, wagons and locomotives. Conventional method to maintain passenger coaches, wagons and locomotives is to physically examine when these are in stationary condition at the maintenance depots. Under the new technique, the faults in the Rolling stock can be detected while on run which is a big advantage as it will make maintenance faster, reducing turnaround time for Rolling stocks thereby ensuring availability of high number of wagons/coaches etc. for operation. The OMRS equipment is so sensitive and accurate that it is often able to indicate the specific sub-component that is not behaving the way it should and therefore causing abnormal noise. Moreover, this can be monitored remotely using mobile communication facilities.

Railway Protection Force, Palakkad, arrested A.Rajkumar for allegedly carrying out a business of procuring and supplying railway reservation e-tickets at his residence using modern gadgets that include a personal computer, high speed broad band connection, mobile phone, e-mail, different log-in IDs. The accused procured tickets from IRCTC as per the demand and requirement of his customers and kept a template of the same in the word format in his PC wherein forged e-tickets by inflating the fare amount. The forged e-ticket does not have the logo of Indian Railway and IRCTC thus cheating his customers.



ABOUT ICF - Part II

by Sri R.Srinivasan, APE/PR/F,
9003141449, rsrinivasanicf@gmail.com

PROCESS PLANNING:

This is one of the most vital activities in any manufacturing industry. Any industry involved in producing or manufacturing a product has to convert the raw material or components into final product through some processes. Process means steps or method in which the material (input) undergoes changes to get final shape (output). These Processes are to be perfectly planned for proper execution with optimal usage of men, material and machine etc.

It is simply referred to as Planning and the Production Engineer/Planning (PE/PL) of Shell and Fur are in charge of planning department in Shell and Fur division respectively.

COACH GROUPS:

The coach is divided into 9 groups as follows

00 to 07	Bogie & its details
10	Body shell assembly
11, 12&13	Under frame assembly
14	Side wall assembly
15	End wall assembly
16	Roof assembly
21 to 26	Exterior garniture
31 to 35	Under gear brakings
41 to 44	Internal furnishing
51 to 58	Doors
61 to 68	Interior furnishing
71 to 78	Electrical
81 to 86	Painting & Inspection
90	Group installation & Lay out drags

SECTIONS OF PLANNING/SHELL DEPARTMENT:

The Shell wing Process Planning is bifurcated as groups suitably in accordance with groups dealings as follows:

Groups	Items dealt by the group
Bogie	00 to 07 & 31 to 34
Body shell	10
Underframe	11, 12 & 13
Side wall and End wall	14 & 15
Roof	16
Installation	21 to 26, 35, 51 to 58, 83&90

In addition to the above groups the following sections are functioning in Planning office

- **Jig & Tool section**
- **Nucleus Section**
- **General section**
- **Estimate section**
- **Cost report section**
- **Spares section**
- **Reclamation and M&P Section**

Sri Chandrasekar, Tech-1, Shop 40 expired on 26th Dec. He had an insect bite a week earlier and as many of us do, he too did not bother about that. After two days, fever started which could not be controlled on normal medicine. Similar cases have been reported recently and these insects mainly prefer ASHOKA trees for nesting.

MASTER FILES IN DATA CENTER

1. Material Master

This file contains the following data:

- a. Drawing no.
- b. Description
- C. Alteration index
- D. Stage code
- E. Storage location (originating section)

STAGE CODE

- 0 – Installation,
- 1 - Main assembly,
- 2 – Sub assembly,
- 3 – Details,
- 4 – Raw material,
- 5 – Finished purchased,
- 6 – Semi finished purchased,
- 7 – Semi finished manufactured item,
- 8 – Fully finished manufactured item,
- 9 – Dummy

2. BOM Master (Bill of Materials)

This file contains the following data:

- A. Parent part drawing no.
- B. Child part drawing no.
- C. Sequence no & operation no of parent part, to which child part to be linked
- D. Qty of child part per parent part
- E. Job size
- F. Delivery code

3. ROUTING Master

This file contains the following data:

- a. Operation no.
- b. Description of operation
- c. Set up time
- d. Time per piece
- e. Trade category no & Trade description
- f. Load center no.
- g. Tool no.
- h. Squad

FUNCTIONS OF THE GROUPS

- Studying the drawings received from design.
- Updating the data required for manufacturing the detail items, sub assemblies, major assemblies and main assemblies in Shell and Fur division in the three master files in the data centre.
- Advising to procure the items for which manufacturing facilities not available in ICF to SME/Plg/S and raw materials for new items.
- Requisition of Jig & Tools and update the tool nos.
- Verifying the BOM (Bill of Materials) master before releasing the sale order
- Outsourcing of the items.
- Checking and updating of product structures before releasing of batch order.
- Issue of work order for missed items.
- Shop follows up.
- Optimum utilization of Raw material requirements.

FUNCTIONS OF TOOLS SECTION

- Arrangement of Jig & tools drawings as requested by groups.
- Issue of work order on 70, 80 & 90 series for manufacturing of Jig & tools.
- Advising the Jig & tools no. to groups after completion for update data base.
- To assist in giving technical suitability & rate reasonable for AES (annual estimate sheet) items.

FUNCTIONS OF GENERAL GROUP

- Preparation production programme with Sale order no & shell no details and advise the same to production shops.
- Obtaining the batch order authorization from accounts
- Release the Sale orders
- Work related ISO & EMS.
- Attend production meetings.
- Manpower planning.
- Finance concurrence and approval for outsourcing items

FUNCTION OF ESTIMATE SECTION

Preparation of following estimates:

1. Estimate for In-house manufactured items
2. Estimate for outsourced items
3. Estimate for other railway- requested items
4. Estimate for Budget, August review, revised & Final modification.
5. Estimate for suggestions
6. Estimate for Export shells
7. Estimate for Spare work order items
8. Non moving items.

FUNCTION OF SPARE SECTION

- Release of Paper ticket work orders for non production items on request of shops /other departments in overhead work order no.
- Release of spare work orders for other railways in 6 series work order no.
- For example: 650986, 650 refers western Rly and 986 refers running serial number.

FUNCTION OF COST REPORT SECTION

- Scrutinizing the cost document and relevant documents released for the batch order through IT centre and submitting the “remarks for cost variation” for class wise purchased items, thickness-wise sheets & plates and man-hours variations dully comparing with previous batch order.
- Issue of write back order to regularize the excess/less bookings in the batch order finalizing.

FUNCTIONS OF NUCLEUS SECTION

- Submission of workshop managerial report (WMR) to all Mechanical officers up to CME once in a month.
- WMR consists of the followings:
 - Shop wise performance report
 - Shop wise incentive performance
 - Summary of shop-wise over time analysis
 - Summary of shop-wise Labour absenteeism
 - Shop-wise, code-wise rejection analysis

- Shop-wise, section-wise men idle & machine idle
- Shop-wise Direct workers, EIW, supervisors, clerical staff
- Missing hours
- P T hours
- Plus time
- Zero incentive earners

Functions of Reclamation and M&P Section

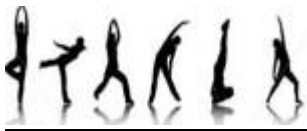
- Utilization off-cuts available on shop floor.
- Utilization of non-moving items.
- Advise to disposal of non-moving.
- Scrap disposal statement.
- Reply for Audit Paras
- Preparation of Justifications for procurement/condemnation of machineries & plant.
- Data of newly erected machinery will be transferred for updating in the Load Center Master file maintained in the IT center and it is also advised to delete the data for removed machinery. (the data are section no, load center no & description, no of m/c, squad, inventory no, machine description, date of installation, Purchase cost, Replaced inv no.)

- (to be continued)

Sri Abdul Saleem, a Railway coolie in Hubli, went missing in 2002, leaving behind his wife Nayeeda Begum and two children. After seven years, as Saleem remained untraced, he was declared 'presumed dead'. On compassionate grounds, Begum was recruited in 2009 as a cleaner. She also got benefits such as gratuity and leave salary due to Saleem. In 2011, Saleem resurfaced and demanded his job back. He petitioned the Railway authorities to allow him to rejoin duty. Realising that he is still alive, the railways issued a termination notice to Begum. She filed a case in the CAT. The tribunal ruled in her favour saying that she had not cheated the Railways and got the job only after Saleem was declared 'presumed dead'. The Railways moved the high court challenging the CAT ruling. When the matter came up before a division bench comprising Justice N Paul Vasanthakumar and Justice P Devadass, there was neither law nor precedent to decide the case. Begum neither cheated the Railways nor misrepresented facts. But, the Railways cannot legally allow her to continue in the job while its employee, who had been presumed dead, was alive. The court, on its part, cannot allow its sense of sympathy to undermine law. While Begum and her children were ready to reunite and live with Saleem, he was not willing to take them.

The judges asked the Railways to retire Saleem from service compulsorily with pension alone, as punishment for long absence. Begum would be appointed afresh as a cleaner without any other claim for service rendered. The judges made it clear that the order had been passed on the peculiar facts and circumstances of this case and should not be treated as a precedent in any other case.

Shri K.S. Sridharan, PE/PL/Shell, presented a Paper titled “Please the Boss Syndrome” in the “Second International Conference on Managing Human resource at the work place” held on 13th December at Mysore.



PHYSIO PAGE

MOVE... TO REMOVE...!

Physio.Kumaravel.M

(Ph: 9003149269)



Exercises for LOW BACK PAIN (LBP)



WORKING IN FORWARD BENDING:

As far as possible, continuously doing work in bending forward position should be avoided to avoid strain over the back.



Technique: When this kind of work is a must, initiate the bending at the hip & knee joints and keep the back straight and to the work.

Benefit of this modified technique:

- Prevents alteration of normal curvature of spine & Prevent hunch back.

REPEATED TRUNK TWISTING:

Spine needs a natural curve to function correctly & effectively. Abrupt twisting work as much as possible should be avoided to prevent stress over more mobile back.

NOTE: Continuous twisting motion can aggravate the bad back. So it is best to know your limitations and avoid this.



Technique:

Instead of working in the twisted trunk better to turn well to the direction of work and then do the work without strain.

POSTURE ATTITUDES:

Most of the back pain is due to faulty postures. Poor posture may be caused not only by work site activities but also even during the rest. Hence it is advised to maintain good posture* as much as possible to avoid straining the back.



SITTING WORK:

Most of the jobs in sitting position are imperative. Use a proper seat /chair and adopt a proper posture while sitting and do the work.

STANDING FROM SITTING:

While getting up from sitting position first move to front of the seat, then stand up by straightening knees & maintain normal lumbar curvature without bending forward.

STANDING WORK:

Don't stand and work for a longer period without changing your posture. If it is essential to stand erect and place one of your legs on a foot stool or any alternative arrangement, and tilt the pelvis alternatively while doing the work in continuous standing position (as shown in the pictures below).



NOTE:

Have your work surface at a comfortable height.

- Wear flat low heeled comfortable safety shoes while doing the work to avoid altering the low back curvature which cause the low back pain.
- High heels cause more rotation stress on knee joint too.

On 3rd Dec, Shri Subodh Jain, Member Engineering, Railway Board, gave away the President's Home Guard and Civil Defence Medals to Shri Udayan P. Bhange, Sr. Technician & Pt. CDI/South East Central Railway and Shri V.V. Marathe, Sr. CDI/South Western Railway at the Civil Defence Conference-2013 held in New Delhi.

WALKING AT WORK SITE:

Good posture while walking is also an easy and very important way to maintain healthy & pain-free back.



Points To Be Remember While Walking:

- ✓ Start with good standing posture
- ✓ While walking doesn't lean forward or lean back. Leaning puts strain on the back muscles.
- ✓ Take smaller steps rather than longer steps and avoid over striding.
- ✓ Avoid slouching when walking; neck and shoulder be relaxed & chin up parallel to the ground. It will reduce the strain on neck and back.

NOTE: Wear flexible and comfortable safety shoes.

RELAXED SITTING:

In between the strenuous work and after work, relaxed-sitting for a little time should be adopted for fatigue back. While relaxing...

- Avoid sitting on stool and slouching forward on the table.
- Don't slouch on your chair.
- Don't Sit with the legs on the table.

NOTE: In the above said crouching positions the muscles may be relaxed but the body weight borne by joints make the back bone discs compressed.

RECAP:

- ✓ Adopt proper postural habits.
- ✓ Short health break* in between the continuous strenuous work and do short swift stretching exercise & posture correction exercises.
- ✓ Persons engaged in hard work like heavy lifting and bending activities, should do regular strengthening & conditioning exercises at home.
- ✓ Avoid straining activities of daily living (ADL) too.

“PREVENTION IS BETTER THAN CURE”- is not only for other diseases, but also for pain-free back too!

WISH YOU ALL A HAPPY, HEALTHY& PAIN-FREE NEW YEAR!

* posture and health break will be elaborately discussed in future issues...

Wait for further steps to move....

IRCON International Limited has been awarded the prestigious India Pride Award for Excellence in Central PSUs in India Image Enhancement. IRCON has so far completed over 100 projects in more than 20 countries. The Company has earned total foreign exchange of Rs. 2,117 crore in the last five years.

Now the Kolkata Metro services would start at 10 AM every Sunday with a gap of 30 minutes between trains till 2 PM and thereafter normal services would start. Union Minister of State for Railways Shri Adhir Ranjan Chowdhury flagged off the first train on 22nd Dec. He also inaugurated Mobile Train Radio Communication technology for better communication between motormen and controllers. The Metro is likely to get Global System for Mobile Communications - Railways (GSM-R) also, that promises safer train-running. The technology would help commuters get mobile phone access when trains remain inside the tunnel.

Sri M.M.Shinde, TC of C.Rly is going to be felicitated for his outstanding efforts in catching ticketless travellers and collecting a total of Rs 1.01 crore between January and November. In May, he made the highest recovery of Rs 37 lakh as there are many ticketless travellers in summer.

In the next few months, the completion of the Udhampur-Katra rail line will enable a passenger to travel to the Kashmir Valley on a single ticket purchased from anywhere in the country. Indian Railways along with the Kashmir government have worked out a deal by which passengers can, on one ticket, board a train to Katra in Jammu, catch a bus to Banihal and then continue on by train to Baramulla beyond Srinagar. The line will also benefit pilgrims traveling to Vaishno Devi as they will be able to take a train closer to the temple without having to break journey at Udhampur as is the case now.

Turkey has opened an underwater railway tunnel linking Europe and Asia, and the two sides of Istanbul, on Oct. 29, the 90th anniversary of the foundation of the Turkish Republic. The Marmaray tunnel runs under the Bosphorus, the strait that connects the Black Sea to the Sea of Marmara and divides Istanbul between Asia and Europe. The tunnel is 8.5 miles long, including an underwater stretch of 4,593 feet. The underwater portion of the tunnel wasn't dug, but was dropped in sections to the sea bottom — the immersed-tube method used around the world. Kept at more than 180 feet deep, it is the world's deepest railway tunnel of its type.

A 25-year-old youth, who claimed to have a 'Gold pass' of the Indian Railways, was caught at Kalupur railway station by railway officials. A ticket checker came across the youth who had got down from Gujarat Mail at Ahmedabad. Kumar showed a gold pass. The checker was surprised as the pass is generally issued to senior officials. Moreover, travellers with a Gold Pass use it to travel in first class while the youth had come out of the sleeper class. The ticket-checker immediately brought the case to notice of the RPF and GRP. Sumit Kumar was a native of Bihar and resident of Ghatkopar in Mumbai. He had come for the RRB examination in Ahmedabad and he had purchased the pass from a man in Bhagalpur, Bihar, for Rs 200. The man had asked him to identify himself as a sportsman.

A single tree absorbs one tonne of carbon dioxide over its lifetime. Shade provided by trees can also reduce your air-conditioning bill by 10 to 15%.

ICF- ATTENDANCE SHEET FOR THE YEAR 2014

Name: _____ CL= 8 Days , LAP = _____+15+15 Days, LHAP = _____+10+10 Days

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
1	P1				P8							
2										P13		
3										U14		
4												
5												
6										U15		
7												
8												
9												
10												
11												
12												
13												
14	P2			P6								
15	U3							P10				
16												
17												
18				U7								
19												
20												
21												
22										P16		
23										U12		
24												
25												P17
26	P4											P18
27												P19
28												
29							P9	U11				P20
30												P21
31			U5									P22

P1- New Year	U7- Good Friday	P13- Gandhi Jayanthi
P2- Pongal	P8- May Day	U14- Ayudha Pooja
U3- Thiruvalluvar Day	P9- Ramzan	U15- Bakrid
P4- Republic Day	P10- Independence Day	P16- Deepavali
U5- Telugu New Year	U11- Vinayaga Chaturthi	P17- Christmas
P6- Dr Ambedkar's Birth Day	U12- Mahalaya Amavasai	P18 to H22-Factory Holidays

P-PAID, U-UNPAID, For Outdoor Staff : Holidays 1,2,4,5,6,7,8,9,10,13,16,17 only, all are PH.