

From
ICF Staff Club
AG129/18,VII Main Rd
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To

INTEGRAL NEWS

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30: Bipinkumar Karn, SSE/30

31,32,34: P.Satyanarayana, JE/34

33,CMT,38:D.R.Suresh,SSE/33

80,81,37:D.Santhakumar,SSE/80

88: K.S.Rajakumar, SSE/88

Elect: M.Devaraj, SSE/85

36,54: A.Srivijayan,SSE/54

Progress:D.Baskar, SSE/PCO

TTC: J.Selvakumar,SSE/TC

D&D: Sabapathinathan.M,SSE/D&D

Hospital: Raju Balaji, Ch.OS

Web: K.Chandran, Webmaster/IT

Advisors:

S.Muthukumar, Dy CME/TPTY/SCR

B.Chandrasekaran,SME/D-II

K.N.Mohan, WM/A/S

R.Srinivasan, APE/PR/F



Shri Keshav Chandra, MM, Rly. Board, has flagged off the 1st 1600 HP DEMU with 3-phase AC transmission and the HS SPART on 1st April in the presence of Shri Abhay K. Khanna, GM/ICF, officers and staffs of ICF.



58th Railway week was celebrated on 15th April at ICF stadium. Chief Guest Sri Abhay K Khanna, GM/ICF, gave the Railway Week awards to the recipients and distributed prizes to the winners of competitions held.

ICF ACHIEVES BEST-EVER PRODUCTION

During the production year ended on 31.03.2013, ICF has achieved the best ever production of 1620 coaches surpassing the target of 1601. Production of coaches consists of 53 variants, categorized under the following groups involved very high technological inputs, meticulous planning and execution and continued harmonious industrial relations and motivated workforce.

Self Propelled 491 (DEMU,IGBT,SPART, J&K DEMU, KOLKATA METRO, HALDIA), Export DEMU 30, Air – conditioned coaches 260 (First AC, AC II Tier, AC III Tier, AC Chair Car, LHB, Hybrid, LHB-EOG), Conventional (Non-AC) Coaches. 839. General Manager/ICF has congratulated the Officers and Employees on this remarkable performance.



Shri Abhay K Khanna, GM/ICF, distributed sweets to the employees on 1st April, for having produced 1620 coaches against the target of 1601.



Birthday of Dr B.R.Ambadkar was celebrated in a grand manner in various shops/offices of ICF. GM/ICF unveiled a Portrait of Dr Ambedkar at Shop11/23 on 15th April. A blood donation camp was also organized by AI SC/ST Association on 18th April.




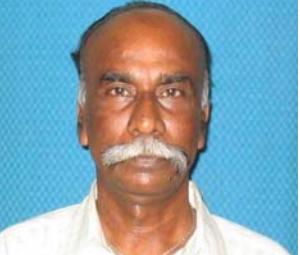





Handicraft exhibition (Apr 5-7) was inaugurated on 5th April by Mrs Meera Nageswaran, FA&CAO, at TTC.



Hindi library was opened by Shri S.K.Paswan, CWE/Fur, on 13th April inside Furnishing factory.

CONGRATULATIONS

	
B.Chandrasekaran, SME/D-II	P.K.Venkata Subramanian, AAO/Books
	
S.Sivaraman, SSE/87	S.Gnanasekar, Tech-1/41
	
S.Prabakaran, Jr Clerk/D&D	M.Selvapandi, HC/RPF
	58th Central Railway Week Celebration was held at TATA Theatre, Mumbai, on 16 th April. The above 6 employees got central railway week award. Sri K.Rajasekaran, DMS/SD has got special prize for scrap disposal.

RAILWAY WEEK AWARD WINNERS:-Additional List

1	K.N.Babu	Secy to GM
2	G.Loganathan	DyCMM/S
3	R.Ravichandran	AWM/AII/S
4	M.M.Dhanish	Inspector/Plg
5	R.Srinivasan	Supervisor/74
6	JX Jihson Fernando	JE/45
7	S.Moorthy	SSE/35
8	S.Rajendran	Tech-1/85
9	N.Aravindan	SSE/42
10	R.Ravichandran	SSE/D&D
11	V.Kanchana	SSE/MPO/F
12	D.Gajendra Babu	Tech-1/30
13	N.Bakthavatsalam	ChOS/CBS
14	K.Jayavelu	Tech-1/36
15	V.Kalpagam	Acc Asst
16	K.Anusuya	Acc Asst
17	D.Baskar	Helper/30
18	N.Jayavel	Helper/30
19	L.Pandurangarao	SSE/D&D
20	G.Kishore Kumar	SSE/D&D

Winners of Zonal Hindi competitions

Elocution :

Prize	Name	Amount
I	V.Padmavathi, OS/MPOF	2000
II	M.Subramanian, ChS&WI	1600
III	H.Asif Ahmed, JE-IT	1200
Con	A.V.Mathappan, SSE/TTC	800
Con	S.Ghatikachalarao, SSE/PlgS	800
Con	P.P.John, Steno/CWEF Off	800

Essay :

I	S.Shivasubramanian, SE-IT	2000
II	Bhupendrakumar, SSE/PlgS	1600
III	S.Ghatikachalarao, SSE/PlgS	1200
Con	Rajashri Anandan, Steno/ElecF	800
Con	V.Pugaalendi, SSE/54	800
Con	Lakshmi Murali, Steno/ElecF	800

Noting & Drafting :

I	A.Thirunavukarasu, AccClerk/S	2000
II	E.Sampathkumar, JE-IT	1600
III	Sita Krishnan, OS/Plant	1200
Con	Rajashri Anandan, Steno/ElecF	800
Con	Padmini Prasad, AccAsst/F	800
Con	S.Ghatikachalarao, SSE/PlgS	800

Winners of Rolling Trophies / Shields / Cups

Governor's Cup for the most efficient section.	Shop 26
Sadagopan's Shield for the best kept section in Stores.	P7- Stores/Fur
Bream's Trophy for the best kept shop.	Shop 39
GM's Trophy for the best kept shop.	Shop 33
GM's shield for Safety	Shop 22
GM's shield for the best maintained office	CWE/Fur's Office
GM's shield for best kept stores ward	Ward 39
GM's cup for best quality	Shop 29
GM's shield for eco friendly environment	ICF hospital
GM's Rajbasha Shield	CDE/Mech's Office
GM's Rajbasha shield (shop)	Shop 32
Narendra Rajbasha shield	CEE's office
GM's shield for best scouts and guides group	Kamban group
Best innovation of the year	Shop 45

Railway Week Competitions Winners:

Wealth from waste:

I-Prize: V.James Jayaraj, OS/85
II-Prize: S.Ghatikachala Rao, SSE/WSC and M.P.Prasobh, Constable/RPF

Quiz:

I-Prize: K.Purusothama Reddy, OS/GM's Office, S.Raju, Sr Vig Inspr, K.Nageswara Rao, Ch Law Asst.
II-Prize: R.Santhoshkumar, SSO/Accts/S, Hemavathy Mohansundar, AA/Accts/S, I.Shanthi, AA/Accts/S

Music: Below 12 years vocal Carnatic:

I: V.Vishali, D/o.V.Velmurugan, Tech1/21.
II: Meghna Vijay, D/o.T.K.Vijayakumar, Tech2/27

Music: 12 to 20 years vocal Carnatic:

I: S.Sai Prashanthi, D/o.S.Sundaresan, OS/PB/S
II: R.Soundarya, D/o.M.Ravichandran, JE/16 & Kausiknarayan, S/o.N.Srinivasa Ragavan, SSE/PlgF

Music: Employees vocal carnatic:

I: K.Nachammai, Jr Clerk/PB
II: Padmini Prasad, AA/Fur.

Music: Below 12 years vocal Light Music:

I: Meghna Vijay, D/o.T.K.Vijayakumar, Tech2/27.
II: D.Gayathri, D/o.M.M.Dhanish, GM's office

Music: 12 to 20 years vocal Light Music:

I: R.Soundarya, D/o.M.Ravichandran, JE/16
II: S.Mathangi, D/o.K.C.Sundarraman, Auditor/F

Music: Employees vocal Light Music:

I-Prize: K.Nachammai, Jr Clerk/PB
II-Prize: I.Shanthi, AA/Accts/S

Music: Below 12 years Instrumental:

I: Walter Joseph, S/o.M.Karthikeyan, OS/Stores/S
II: K.Sudharshan, S/o.R.Kugan, OS/36

Music: 12 to 20 years Instrumental:

I: S.Karthiknarayan, S/o.N.Srinivasa Raghavan, SSE /PlgF& Balasaieshwar, S/o.Sailakshmi, Sr ClerkRH
II: Kaushiknarayan, S/o.SrinivasaRagavan, SSE/PlgF

Music: Employees Instrumental:

I: S.Sathyanarayanan, Tech-3/23
II: R.Dinakaran, Tech-1/80

Painting : Below 12 years:

I: G.Anjana, D/o.K.Girish, SSE/PlgS
II: P.V.Aparna, D/o.P.A.Vinothkumar, SSO/Accts/F

Painting : 12 to 20 years:

I: I.R.Sabarish, S/o.K.Ranjithkumar, Inspector/87
II: V.Keerthana, D/o.D.Hemamalini, JE/IT

Painting : Employees:

I: V.James Jayaraj, OS/85,
II: S.Ghatikachalarao, SSE/Plg/S

Slogan:

I: S.Vijayachitra, SE/IT, II: C.Nirmala, SE/IT.

Painting, Drawing sketches: Below 12 years:

I: P.V.Aparna, D/o.P.A.Vinodkumar, SSO/F,
II: R.Mehasree, D/o.V.Ramesh, Tech-1/21

Painting, Drawing sketches : 12 to 20 years:

I: K.Subashree, D/o.V.Karthikeyan, SE/IT
II: J.Jovitha, D/o.V.James jayaraj, OS/86

Painting, Drawing sketches : above 20 years:

I: G.Bavatharini, Trainee/fitter/TTC
II: S.Shanmugapriya, W/o.V.Karthikeyan, SE/IT
Painting, Drawing sketches : Group-D ActApp:

I: K.Jayakumar, Fitter,93/7250
II: Diku Majhi, Fitter,93/8311.

Painting, Drawing sketches : Karuna Students:

I: S.Gowtham, S/o.K.Selvaraj, Pharmacist
II: K.Praveen, S/o.B.Kanna, HortMistry.

Needle & Embroidery: Below 12 years:

I: S.Kiruthika, D/o.Sampathraj, Helper/77.
II: R.LakshmiPriya, D/o.P.Ravanaiah, Tech-1/33

Needle & Embroidery : 12 to 20 years:

I: Sharon Delson, D/o.Jaissy Delson, OS/PB/S

II: R.Divya, Trainee/painter/TTC

Needle & Embroidery: above 20 years:

I: M.V.Radha, W/o.M.B.Vasu, JE/80

II: N.Jegadambal, W/o.V.Narayanasami, Tech-1/45

Needle & Embroidery: Group-D ActApp:

I: M.Gayathri, Machinist, 93/7273

II: H.Kalpana, Fitter, 93/7783

Needle & Embroidery: Karuna Students:

I: G.Kishore, S/o.Ganesamurthy, Tech-1/54

II: M.Bharathraj, S/o.Murugan, Tech-1/26

Doll making, handicraft, Science model: Below 12 yrs:

I: S.Dafny, D/o.V.Subash Chandra Bose, SSE/TTC.

II: Ed Rick I Brittoe, S/o.ImmanuelGnanasingh, Tech/16

Doll making, handicraft, Science model: 12 to 20 years:

I: S.Vishal, S/o.A.Srivijayan, SSE/54

II: Akshay, S/o.K.M.Jayan, Tech-1/29

Doll making, handicraft, Science model: above 20 years:

I: M.P.Prabodh, Constable/RPF

II: S.Ghatikachalarao, SSE/PlgS

Doll making, handicraft, Science model:: Gr-D ActApp:

I: M.Hari, Fitter, 93/7250

II: K.Thirunavukarasau, Machinist, 93/8349

Doll making, handicraft, Science model: Karuna Student

I: Sai Gautham, S/o.Y.Sampathkumar, Retd S.Rly staff

II: R.Bharathi, S/o.R.Rajendran, Tech-1/13

Highest marks scored by Act App in AITT

K.Sivakami, Painter & S.Ragul, Machinist

Benevolent Blood Donor:

L.Ramesh,Tech1/40 & K.Sureshmoorthy,Tech2/40

CIRCULARS

AC13: Supervisors and ministerial staff of Mech, Engg, Personnel, S&T, Store, Finance and General dept are urgently required for Rail Coach Factory at Rae Bareli. Staff who opt for regular absorption will get three advance increments, retention of quarters for 5 years on normal rent, seniority from his length of service in presence grade/post if joined on or before 30.06.13.

AC14: For AIOBC, in addition to 2 informal meetings per year, a special need based meeting with GMs/CPOs will be held as and when decided by GM. Informal meeting at AEN level will also be held on issues relating to Engg staff only once in a year.

AC15: Railway Staff College, Vadodara, has been renamed as National Academy of Indian Railways (NAIR)

AC16: Deputation to various posts at New Delhi, Pune and Vadodara

✓ Mrs Meenu Jain and Mrs Rashmi Parashar of ICFWWO and Sri M.Isaivaanan, Tech3/Shop18: AISC & ST RE Assn have been nominated as members of ICF Hospital Visiting committee.

Award winners of Best maintained quarters:

South colony 739/4 P.Vijaayakumar,SSE/23

North colony 269/1 R.Srinivasan, Tech-1/36

West colony 118/2, Smt Sherly P Thomas,Nursing Sister

East colony 6/2 M.J.Johnson, Tech2/45

OFFICIAL POSTINGS

Name S/Shri/ Smt	Previous	Present
Ashok Kumar	DyCMM/FD	N.Rly
P.V.Sureshkumar	SMM/P/S	DyCMM/FD
R.Kuttykrishnan	SMM/Steel	DyCMM/P/F
K.Madanmohan	DyCEE/C&D	DyCEE/Con
S.Lakshmanaswamy	SEE/MPO/F	DyCEE/C&D
N.Baskaran	SrCashier	Asst Ch Cashier

EMPLOYEES RETIRING on 31st May '13

1	Selvam .A	SrTech/MSM	10
2	Andi.A	Tech-3..Elec	10
3	Ramalingam.D	SrTech/MSM	11
4	Pavalamani.S	SrTech/Serang	12
5	Selvam.P	Tech-1..MGL	12
6	Sampath .S	SrTech/Welder	14
7	Vijaya Kumar .S	SrTech/FGL	14
8	Vasudevan .S	Tech-1..FGL	14
9	Kumar .T R	SrTech/MGL	16
10	Sekar .R	SrTech/Welder	18
11	Doraiswamy.R	J.E	18
12	Divyanathan .M	SrTech/Welder	20
13	Mani.R	Tech-1..FGL	20
14	Shanmugam.K	Tech-1..FGL	23
15	Bakthan .T	SrTech/GB	25
16	Anbu Selvaraj .M	Tech-1..Paint	25
17	Palanimuthu.K	Tech-1..FMW	40
18	Thirunavukkarasu .G	Tech-1..FMW	40
19	Manivannan .G	SrTech/MTR	41
20	Gandhi .K	Tech-2..Elec	45
21	Jayaraman.N	Sr Tech/FLTD	48
22	Pathima Bee .	Ch OS	CMT/S
23	Neelakandan .Rs	SrTech/MDM/RR	Plgs
24	Nandagopal.P	Tech-1..Elec	29
25	Ranganathan .M	Tech-1..Elec	29
26	Peethambaram .V	SSE	29
27	Subbiah.R	Tech-3..Carp	30
28	Kannan .P	Tech-1/Carp	30
29	Chandran .A	Tech-1/Carp	30
30	Parthasarathy.G	Tech-2/Carp	30
31	Jayabalan .M	SrTech/Carp	30
32	Xavier .A	SrTech/Carp	30
33	Rafia Begum.	Tech-2/Carp	32
34	Govindan .K	SrTech/FGL	33
35	Subban .G	SrTech/Elec	35
36	Chandrasekar .K	Tech-1..Elec	35
37	Pushpanathan.C	SrTech/Painter	36
38	Athmanathan .N	SSE	39
39	Mani .K	SrTech/Painter	54
40	Devaraj .N	SrTech/Painter	54
41	Gopal .M	Tech-1..Paint	54
42	Shanmugam .Kg	SSE	54
43	Vasudevan .M	SSE	PCO/F
44	Jayakumar .Y	SSE	D&D

Integral News wishes them A HAPPY AND PEACEFUL RETIRED LIFE.

ABOUT ICF

by Sri R.Srinivasan, APE/PR/F, 9003141449

History:

From the inception till 1990s, Shop 31, the Saw Mill Shop, was one of the important details manufacturing Shops in Furnishing division. As the Coach flooring was done with seasoned timber and for in-house manufacturing, the Saw Mill shop had a lot of Timber processing machines such as Log band saw, wood turning machines, Profile cutter machines, Seasoning and preservation plant. Due to Railways policy of timber elimination and weight reduction of coaches, switching over to Plywood and compreg Floor boards started. It resulted in closure of the entire Shop activities and now the area is used for Shop 32 (Carpentry shop), Shop 34 (Trimming Shop) and Stores.

SHOP 32 –CARPENTRY SHOP

The Carpentry shop manufactures and assembles the Detail items and sub assemblies required for Shop 30 such as Doors, Seats, Berths, Panels, Floor boards, wooden racks, Cup boards, etc.

Sections:

- The shop has various sections such as Special Doors, Lavatory, Pasting, Seats & Berths, Equipment and Cutting sections.
- Previously it had in-house FRP section to make FRP components. Due to large scale requirement and complicated profile components the section activity was closed and items are procured from outside.

Items manufactured:

- (i)All Transverse seats, Single seats for GS coaches
- (ii)Upper Berths, Middle berths, Transverse seats, Single seats ,Single seat back rest for SCN, ACCW coaches
- (iii)Special Doors such as Trap door, Flap door, Guard room door and Electrical cubicle door etc.
- (iv)Panels for Partitions, Lavatory, Window Side wall, End wall.
- (v)NFTC (Natural Fibre Thermo set Composite) roof panels
- (vi)Snack table, racks, Cup board, Ward robe etc.
- (vii)Ply wood, Compreg Floor board cutting to sizes for all coaches

Machines:

Sl.no	Description/make	Capacity	Cost	Age
1	Circular saw - Sandeep	20" dia	0.98 lac	27
2	Band saw – Robinson	48" X 4"	0.11 lac	52
3	Press veneering Hyd	100 ton	2.6	29
4	Saw sharpener-Vollmer		2.6	28
5	Saw dust extraction-Air control eqpt	25 hp	3.6	5

SHOP 34 – TRIMMING SHOP

This is the smallest mechanical production shop in ICF and is situated near Carpentry shop. This caters the need of detail items like Seats ,Berths and Curtains. It has three Sections named Cutting , Stitching and Trimming.

- The Shop has Cloth Cutting m/c (Pehaka make, 4.4 lac cost, 23 yrs old) and Sewing machine (Light duty,i.e Needle no.18) for stitching Curtains and Sewing machine(Heavy duty, ZOJE make, 0.57 lac cost, 10 yrs old with Needle no.21) for stitching Rexine.
 - The Rexine (also called Expandable Vinyl coated fabric Upholstry) is Brown in color for AC coaches and is Blue for Conventional (A/C Coaches).
 - Previously the Cushion is made of PU foam (Polyurethane) and now all cushions are of Recron (DTBB – Densified Thermal Bonded Block) which is having base material of Polyster. It has good fire retardant property.
 - Solution used for pasting is Solvent based Non flammable adhesive.
- Items manufactured:**
- Berths for SCN and ACCW(Air Conditioned 2 tier sleeper) coaches,
 - Seats for SLRD(Second class Luggage Rack cum Disabled) and WCB(Pantry) coaches,
 - Seats & Berths for all Special Coaches(SPART),
 - Curtains for AC coaches and Loose cushion for Attender.

SHOP 33 –Machine Shop

This is the Machine Shop and Sheet metal fabrication shop in furnishing division. This shop had the history of having hundreds of m/c s and supplied the entire Aluminium and Steel items required for Shop 30 and 32 like Aluminium louvre windows ,water tanks and Vestibules. After the introduction of FRP windows and UIC vestibules it has shrunk to the current size. Even now it plays a very important role of feeding most of the detail items to Main assembly shop and Carpentry shop.

Sections and activities:

This shop has various sections like Shearing, Press brake, Doors, Fitting, Drilling, Pipes, and Welding. The detail items manufactured are Panels for

partition and sealing, Mouldings, Ducting for Roof and EMU Traction Motor , Cable trays, Thali racks, All plumbing pipes, Door frames, Inspection doors, Windows for Engine room and cabin of SPART coaches, Flooring Metal sheets and Misc items like Brackets, Flats etc.

Materials used:

This is the peculiar shop where Mild Steel, Stainless Steel and Aluminum sheet of different thickness and different surface finish sheets are used. Normally Plain types for paneling, Stripped for Lavatory and Chequered for Flooring used.

Mild steel or Corten steel of thickness 1mm,1.6mm,2mm,3.2mm,5mm, and 6mm chequered : SS of 0.8mm canvas,1mm plain/ stripped, : Aluminum 1mm&1.6mm(plain) 2.03mm,3.2mm and 5mm (chequered) are mostly used.

IMPORTANT Machines:

Sl.no	Description/Make	Capacity	Cost Rs.Lakhs	Age yrs
1	Shearing/ Hind Hyd	10mm thick X 4000mm	42	2
2	Nibbling/ Bucherguyer	3.2 to 8mm	3.2	12
3	Press brake/ Jean Perrot	120 ton	16	24
4	Engraving	200 X 450	0.47	23
5	Pyramid/Pipe threading	50 mm	8.9	19
6	Hind hyd/Press brake	200 ton	67	0.3

Aluminum Welding:

Welding facility of Aluminum components is available in Shop 33 only in ICF. It is used for components like LHB return Air Duct, Exhaust arrangement, Traction Motor Duct cover and Pelnets. It is possible to weld components of more than 2.5mm thick. It uses 1.6mm dia Al coil and Argon Shielding gas.

SHOP 36- Painting Shop

Shop 36, the Final Paint Shop, was carrying out entire final Painting activity before the creation of New Paint Shop at Furnishing division. Now all the exterior painting is done by shop 54 and Final , interior and Misc painting works are carried out by Shop 36.

Sections and Activities:

- The Shop has various sections like Detail painting, Interior Painting, Lettering and Miscellaneous work.
- Detail Painting section takes care of painting of all MS items manufactured from Shop 33 with ROZC primer and if required black enamel and Aluminum with Zinc Rich Primer(called 104 primer).
- Interior Painting of all visible items like door, roof ceiling both NFTC and MS, Body pillar area, Fan brackets, Alarm handles, Partition frame pillars, Chair angles etc. Interior ceiling sheets are painted with 2/3 coats of white mat paint. Other items are painted with Grey enamel.
- Lettering section carries out the Stenciling work of Coach numbers, instructions, information etc. Side wall bears details like Type of Coach, Zonal Rly serial number, Seat/Berth number, indication mark for Lifting Pad, Water side fill and manual release. End wall has details of Electrical, AC, Speed, POH details. Letters are in English and Hindi.
- Miscellaneous work section does final touch up work, cleaning of interiors, Floor, Lavatory area, Bogie painting etc.

Coding and Numbering:

Any information to be indicated through Painting for Other Railway and common public is carried out as per drawing. All the Conventional and AC coaches are assigned with unique number system. It has two barrels, the first with 2 digits indicate the year of manufacturing, the 2nd with 3 digit number indicating the running serial and type of coach for the particular Zonal Railway.

Eg: SR 13456 -SR –Southern Railway: 13 – 2013 year mfd : 456 means GS ,serial number is 56.

001 to 025 FAC	151 to 200 SCZAC	801 to 825 – WCB
026 to 050 FACCW	201 to 400 – SCN	826 to 850 – VTB
051 to 100 ACCW	401 to 600 – GS	851 to 875 – WLRRM
101 to 150 ACCN	601 to 800 – SDC	876 to 999 – OTHERS.

- Painting of Yellow stripes inclined at the both sides of topmost vertical corner of the side wall indicates as unreserved coach.
- Painting of yellow strip at ends of Side wall full height indicates it is fitted with CBC (Centre Buffer Coupler).
- Whenever there is any change in design/modification it will be indicated through some painting marks.

-- (to be continued)

✓The Chennai-Bangalore AC Double Decker train commenced operations on 25th April. The daily superfast express Dep MAS:07.25, Arrl SBC:13.30, Dep SBC: 14.40, Arr MAS: 20.45.

✓The advance booking period for train tickets has been reduced from 4 months to 2 months from 1st May. There will be no change in the case of ARP limit of 360 days for foreign tourists.

✓S.Rly has introduced passenger trains on the VM-KPD and VM-MV section. Schedule : VM Dep 0400, 1620, 1825 Hrs, KPD Arr 0845,2105,2300 Hrs. KPD Dep 0445, 0640, 1635 Hrs, VM Arr 0915, 1130, 2145 Hrs. VM-MV Pass VM Dep 1440, MV Arr 1800 Hrs, MV Dep 1525, VM Arr 1850Hrs.

✓Issue of Free Mixie, Grinder and Table Fan to the residents of ICF North, East and West colonies, by the Tamilnadu Govt, was inaugurated by Sri J.C.D.Prabhakar, MLA on 8th April. This is the first time they are getting the gifts from the TN Govt. Sri Raju, President, North colony and Sri Mahapriya, President, West Colony with their office bearers met the MLA under the guidance of Sri K.Ravi,SSE80, and pursued the case, because of which their names were added and the items have been issued to the residents of the three colonies.

✓AWTI is going to conduct a training programme on Industrial manufacturing practices in welding for engineering students from 12th to 19th June. The training fee is Rs2000 per participant.



PHYSIO PAGE

MOVE... TO REMOVE...!

Physio.Kumaravel.M



LOW BACK PAIN



PRINCIPLES OF TREATMENT

Principles of treatments are explained by **THREE R'S**.

- Relieve pain in acute cases.
- Restore normal activities /movements in chronic cases.
- Recurrence is to be prevented.

Treatment methods in LOW BACK PAIN:

- Rest
- Medical management.
- Physiotherapy management-Treatment with physical agents& Exercises.
- Spinal traction
- Spinal support
- Surgical management and
- Education.

REST:

Absolute bed rest on a soft firm bed (non- sagging) is advised in the acute case. Types of rest as follows....

- Supine lying (Face up position) –While lying in this position keep the pillows under the knees.



- Ninety/ninety position – In supine position the legs are bent 90 degrees at the knees & hip and supported on a chair of proper height. (NOTE: Not suitable when there's painful limitation of extension).



- Side lying with Hip and Knee flexed (fetal position) keep pillow between the legs.



NOTE: The above positions are found to be effective in relieving the pain. **Prone lying (face down) must be avoided.** Bed rest not more than two weeks. Too long bed rest may cause complication such as bed sore, respiratory (breathing) complication, muscle atrophy (wasting / weakness) etc ...

Wait for further Steps to Move

STAFF OUTFLOW - LAST MONTH

Sl	Name S/Shri	Design	Mode
1	Rabindranath.K	Tech-1/86	C.R
2	Davidson.E	Tech-2/85	C.R
3	Ramranjankumar	JE/21	Transfer
4	Dhansai Toppo	JE/54	Transfer
5	Arunkumar	Tech-2/40	Transfer
6	Rampraweshsahani	Tech-2/20	Transfer
7	Shashikant	Tech-2/30	Transfer
8	Narendraram	DMS/FD	Transfer
9	Abdulrahiman.M	SrTech/PlgF	MedUnfit
10	Gunasekaran.N	Tech-1/PlgS	MedUnfit
11	Sundarrajan.P	SrClerk/Engg	Resigned
12	Majeed.C.S	Tech-1/13	V.R

WE DEEPLY MOURN THE SUDDEN DEMISE OF THE FOLLOWING EMPLOYEES

Sl	Name S/Shri	Designation
1	Kiranraj.G	JrClerk/Engg
2	Samuelbabu.K	Tech-2/11

Last date for submission of applications:

Tech-3 QSE quota: 13.05.13

Inspector-I/Mech-Excadre : 15.05.13

Lateral transfer as helper-II: 15.05.13

Rail Yatra Vritant contest : 30.06.13

SBF Children Camp : 14.05.13

- ✓ The following wards of ICF staff have been given cash award from SBF for their performance in X&XII exams.

X- Matriculation- II Prize Rs3000 S.Lavanya, D/o. M.Suresh, Tech-1/30

X- Matriculation- III Prize Rs2000 U.Priyadarshini, D/o. P.Udayasankaran, JE/37



Bharathanatyam Arangetram of Ms.S.Pavithra, D/o.R.Sankaranarayanan, Stenographer, COS Office, ICF, was held on 7th April-2013 at Sivagami Pethachi Auditorium, Mylapore, Chennai.

She is a passionate student of Bharathanatyam under the able guidance of her gurus Madurai Shri.R.Muralidharan and Smt.Chithra Muralidharan, Artistic Directors of Nrithyakshethra Dance Academy. She is doing her X Std., at Velammal Matriculation Higher Secondary School, Mogappair , Chennai.

Procedure for activating PNR status on railnet:

STEP-1: Open railnet, go to tools button, click internet options, click Connections, click LAN setting, disable proxy server (Remove tick mark)

STEP-2: click Local Area Connection (twin monitor button of right side of taskbar), view status, go to properties, check & click "Internet Protocol version 4", Enter 4.2.2.2 in the "Preferred DNS Server"

Now check the PNR STATUS. - E.Ramesh, SCM

The Public Procurement Bill 2012 **and Indian Railways**

by Sri G.Loganathan, DyCMM/P/S

During 2010-11 expenditure on materials purchases towards the requirements for operation, maintenance and production was INR 29,099 crore. This is excluding cost of ballast, track related items, materials supplied by contractors for civil construction works. Also, this figure indicates only the money spent in procurement of goods and excludes the amount spent in procurement of works and services. 16 Zonal Rlys and 9 PUs procure most of the materials directly. However, some items are procured through Railway Board, the apex body at the Ministry of Railways. Certain purchases are also made through Director General of Supplies and Disposal (DGS&D). Of the INR 29,099 crore of stores procured in 2010-11, the share of Zonal Rlys and PUs, Railway Boards and DGS&D and other sources was 53%, 45% and 2% respectively.

Given the strategic and economic importance of railways in a country, procurement by government in railway sector is crucial. An efficient procurement system can reduce costs and increase the quality of the service, as well as enhance the opportunities for business.

During the year 2010-11, the total working expenses of IR was Rs 895 billion, of which expenses for procurement alone constituted 20.68% excluding fuel and 24.58% was spent on purchase of fuel. About 39% of the procurement expenditure was for purpose of items required for manufacturing, 29% for purchase of items required for repairs, operation and maintenance, 28% for purchase of fuel and remaining for purchase of items required for construction. Indigenous purchases of stores (Rs 28,017 crore) comprised 96% of the total purchases in 2010-11. IR procures items as diverse as wagons, rails, sleepers, steel, paint, maintenance spares, equipment, machinery and plant, diesel, office supplies and medicines, in substantial quantities. Procurement capacity of IR has been growing rapidly, commensurate with rapid expansion of its network, assets and activities. Managing such vast spending from the public exchequer can't happen without a proper and well oiled institutional mechanism to carry out the task with adequate control and oversight, to ensure transparency, equitable treatment of all bidders and promoting competition. The procurement process on IR is well structured in terms is laid down codes, manuals, policies and instructions and has won the laurels of the World Bank by its remarks in the Country Procurement Assessment Report – 2003 : “The creation of a competitively recruited class one cadre of procurement specialists in the Railways and Department of Supply in the early fifties has contributed to comparatively higher professional standards in both organisations, and needs emulation in other ministries and sectors. Creation of such cadres fosters professional growth, pride in the profession, cross-fertilization of ideas etc. Alternatively, professionals belonging to these services should be entrusted with the procurement activity in all ministries”.

IR has been in existence over more than 150 odd years over different political and administrative systems of governance. It has evolved unique methods of governance over time, which is codified in various rules and regulations. The main rules governing procurement on IR are the Indian Railway Financial Code (Ministry of Railways 1998), Indian Railway Code for the Accounts Department and the Indian Railway Code for the Stores Department. The Indian Railway Financial Code lays down the fundamental principle that should govern the entire procurement process, known as the ‘canons of financial propriety’:

“(i) The expenditure should not prima facie be more than the occasion demands, and that every government servant should exercise the same vigilance in respect of expenditure incurred from public moneys as a person of ordinary prudence would exercise in respect of the expenditure of his own money

(ii) No authority should exercise its powers of sanctioning expenditure to pass an order which will be directly or indirectly to its own advantage”

On the larger framework, the procurement on IR was also covered by the same laws that govern the procurement elsewhere in the private sector viz The Indian Contract Act 1872 and the Sale of Goods Act 1930 and there has been no separate procurement law till the introduction of the Public Procurement Bill 2012. Once the bill is passed by the Parliament and an Act is pronounced as an outcome of the same, the procurement on IR will also come under the ambit of this law and IR has to suitably change its own procurement process, policies, rules and regulations and amend its age-old codes and manuals to reflect the changed scenario.

The procurement on IR can be broadly categorised into three viz. i) procurement of goods including plant, machinery, maintenance spares, consumables, production spares, equipments and raw materials etc. undertaken by various zonal rlys, PUs and other organisations under the control of the ministry of railways, mostly done by the stores department of IR ii) contracts executed by various executive departments of IR for works and services and iii) procurement undertaken by the ministry itself for large assets like locomotives, wagons and other rolling stocks as well as other centrally procured items like Wheels and Axles for which the capacity in the country is limited. In its process of procurement, IR follows almost all types of tendering methods like Single Tender, LT, OT, SLT, BT and Global Tender resulting in various types of contracts like Fixed contracts, Rate Contracts (Call off Contracts), Running Contracts (Frame work contracts) etc. The financial limits and authority to approve the method of procurement and type of contract are all well defined in the codes (Stores and Engineering) and instructions being issued time to time, necessitated either by internal over sights or to carry out the policies of Government of India through agencies like CVC etc. Internally oversight of such procurements is primarily done by the Accounts department of IR, supported by the Vigilance department. All this, in effect, has resulted in a very efficient and effective procurement mechanism on IR, as appreciated by the World Bank.

(-- to be continued)

RLY WEEK CME's LEVEL AWARD WINNERS:

N.T.Venkatesan, SSE/PlgS	V.Shanmugasundar,ChOS/30
B.N.Lakshminarayanan, OS/S	R.Alex.,SSE/30
Ninet Jebamani, SrClerk/S	K.Johnsamuel,SSE/30
V.Ramesh, SSE/Project	J.Mathewgannasekar,OS/30
S.Venkatesan, SSE/TA-CWES	K.Kishorekumar,JE/30
K.Shankerbabu,PS to CWES	N.Varadharaju,SrTech/30
A.Srinivasarao,SSE/PlgS	S.Thirunavukarasu,Tech1/30
G.Sriram,JE/PlgS	K.Venkatesan,Tech1/30
I.Antony,OS/CWES office	B.Sabhanathan,Tech1/30
R.Sundaramurthy,SPM/S	M.Thiyagarajan,Tech1/30
N.Ganesh,SSE/MPOS	M.S.Pandian,Tech1/30
A.Benjamin, OS/MPOS	K.Sundar,Tech1/30
A.Ajithkumar,Tech1/10	A.Arokiadas,Tech2/30
S.Gopalakrishnan,Tech1/10	S.Dhanasekaran, Tech2/30
K.Umashankara,Tech1/11	G.Malliga,Tech2/30
K.Vasudev,Tech1/12	Niakara Jena, Helper/30
T.S.Valsalan,Helper/12	A.S.Anbarasu,Helper/30
S.Senthilkumar,Helper/12	K.Srinivasulu,Helper/30
L.Ashokkumar,JE/13	P.Veeraraghavan,Tech1/32
S.Tirupathirao,SSE/14	R.Thiyagarajan,Tech1/32
V.Balakrishnan,SrTech/14	E.Maheswari,Tech2/32
B.Selvamani,Tech2/14	U.Samson,JE/33
P.Mahalingam,Tech2/14	P.Sahadevan,SrTech/33
K.Vasudevan,Tech3/14	S.Jegadeesan,Tech1/34
A.Mariadas,JE/15	S.Souri,Tech1/36
B.Rajendran,Tech1/15	J.Liniel,Tech2/36
J.Francis, Tech1/16	P.Aravindan,Tech1/37
D.Raghunathan, JE/20	K.Sampathraj,Tech2/37
V.Kandasamy,Tech1/20	R.Jeevanandam,SrTech/54
A.Rajamanickam,SrTech/21	B.Venkatesan,Tech1/54
L.Govindan,SrTech/21	E.Master,Tech1/54
J.Ramalingam, Tech1/21	P.Sugumaran,SrTech/80
N.Saidalavi, Tech1/21	K.Kamalakkanan,SrTech/80
A.Prabhakaran,Tech1/21	D.Sivaprakasam, Tech2/81
D.Stalin,Tech1/21	L.Karunakumar, SSE/82
P.Sunilkumar, Tech1/21	S.Ilangovan,SrTech/88
S.Daniel, Tech1/21	K.Md Basheer,Helper/88
A.Gobi,Tech3/21	SBT Balasundaram.Locopilot
E.Sunilkumardalvi,SSE/22	M.Nithyanandam,SSE/PlgF
R.M.Karthikeyan,SSE/22	N.Murugappan,SSE/PlgF
D.Vasudevan, SrTech/22	V.Ramesh,SSE/PlgF
V.S.Murali,Tech1/22	R.Hemanthkumar,JE/PCOF
R.Gopal,Tech1/22	M.Govindarajan,ProgMan
G.Senthilkumar,Tech2/22	G.K.Rajkumar,Peon/Fur
S.Rajkumar,SSE/23	S.Venkatesan,SBPeon/Fur
M.Md Ansari,Tech1/23	S.Pavya, JrClerk/CQAM Off
J.Johandavid, Tech3/24	S.Rayapankennedy, SSE/D&D
B.Hemanthkumar,Tech1/25	SShanmugasundar,SSE/D&D
K.R.Damodaran,JE/26	D.Ramalingam, SSE/D&D
V.Selvakumar,Tech2/26	V.Nithyanandam, SSE/D&D
S.Senthil, Helper/26	R.Muralishra, JE/D&D
R.K.Sundaravadanam,JE/40	VVC Srinivasarao, JE/D&D
K.Sekar, Tech1/40	Y.Daniel Wilson, SSE/TTC
C.Rajabather,Tech1/40	Rodney Francis, SSE/TTC
K.Renukadevi,Helper/40	V.Gnanamurthy, CMS/AWTI
P.K.Venu,Tech1/41	A.Subramaniam, Lect/AWTI
A.Kannan,Tech1/48	<i>Congratulations to all the winners</i>
M.Sundar,Tech2/48	



CME giving award to one of the employee on 25th April at AWTI in presence of CWE/F.

STAFF INFLOW - LAST MONTH

Sl	Name S/Shri	Design	Shop
1	Kamalesh.N	JE	PCO/S
2	Lakshminarayanan.M	JE	22
3	Saranya.U	C&MA	CMT/S
4	Vinu.S	C&MA	CMT/S
5	Manojkumargangrai	Trainee	21
6	Nobi.M	Tech-3	74
7	Sandeep	Trainee	45
8	Karthikeyan.B	Tech-3	21
9	Glenmariosatur	Tech-3	22
10	Saranya.V	Trainee	TTC
11	Mohanasundari	Trainee	TTC
12	Thilak.P	Trainee	TTC
13	Ashalatha.B	Trainee	TTC
14	Malathi.K	Trainee	TTC
15	Udayachandrika.S	Trainee	TTC
16	Sarathkumar.G	Trainee	TTC
17	Shyamsundar.R	Trainee	TTC
18	Subhasishjena	S.B.peon	74

Staff Matters raised during MM visit by IRTSA-SCMs

1. Cancel out sourcing of full coaches to Non-Rly orgn
2. Pre-promotional training of Promotive quota JEs
3. Immediate Induction of Addl Man Power for II unit.
4. Increase of 25% of Incentive bonus and PCO allowance from the date DA crosses 50%.
4. Counting of initial Training period for MACPS
5. Promotion through LDCE (Intermediate Apprentice JEs / Technician Grade-III) should be counted as initial appointment for Financial up-gradation under MACPS.
6. Placing all the Engg Graduates in GP Rs.4600.
7. Grant of 3rd financial up-gradation under MACPS on completion of 20 yrs of service from the first promotion
8. De-Reservation of ST points in the dead categories of Typist and telephone operators
9. Cashless treatment facility for serving employees
10. ICF Holiday Home at NDLS, Thirumala & Munnar

✓35 outstanding women employees of Railways were honoured on the occasion of Women's Day function cum Golden Jubilee celebrations organized by RWWCO at Delhi on 5th April. Smt. Madhu Bansal (W/o. Railway Minister Shri Pawan Bansal) was the Chief Guest and Shri Vinay Mittal, CRB, was the Guest of Honour at the function. CRB said that out of around 14 lakh railway employees, there are around 80 thousand women employees who are giving services in all kinds of sections and departments of Indian Railways. On this occasion, special edition of in-house magazine of RWWCO namely 'Unmukta' was also released to mark the golden jubilee celebrations of RWWCO. A musical play "Aaj Rang Hai" directed by Gopal Bhatt and Purva Naresh produced by Aarambh & T Pot was also staged on the occasion.



Shri Subodh Jain took over on 12th April as Member Engineering, Railway Board and ex-officio Secretary to Government of India. Prior to this new posting, he served as GM/CR, from 9th Nov'11.

During his tenure as GM/CR, innovative works like introducing 15-Car suburban services, pioneering the first private freight terminal on Indian Railways, introducing shuttle services between Matheran and Aman Lodge and implementing the novel concept of single line mega block for asset maintenance in a double line sector on a major trunk route, were completed.



Shri Sunil Kumar has taken over as MD/CRIS on 16th April. He has worked as adviser (PG), CPM(IT)/NR, Member (Traffic) running allowance committee, DRM (Vadodara), ED (C&IS), CCM(G)/NR and director traffic commercial (Claims)/RlyBoard.

Shri Sunil Kumar has taken over as MD/CRIS on 16th April. He has worked as adviser (PG), CPM(IT)/NR, Member (Traffic) running allowance committee, DRM (Vadodara), ED (computerisation and information systems), CCM (G)/NR and director traffic commercial (Claims) railway board.

He completed the computerization project of passenger reservation system in southern railway in 89 days against the target of 15 months and has computerized every single office where he has worked since 1985, he gave the unique concept of Port side Container Terminal (PSCT) to CONCOR which today contributes more than 30 percent to CONCOR's Rs 1,000+crore revenue.

He was awarded the Railway Minister's medal, the highest honour of the Railway, in the year 1984 for his outstanding contribution as senior DCS/Palghat Division in improving the earning of Railways by more than Rs 1.5 crore through innovative means of raising revenue and also bringing in very high standards of services to the traveling public as platforms as well as on trains.

✓The 58th Railway Week Award function was held at Railway Board, on 11th April. Shri Vinay Mittal, CRB, gave awards & cash prizes to 139 officers and staff of Railway Board for rendering outstanding service during the year 2012-13. In addition, 80 outstanding Sports persons and 12 artists of Railway Board who excelled in the Inter-Ministry and All India Civil Services Competition were also felicitated with cash awards/appreciation letters.

✓RCF will manufacture the special luxury class Anubhuti coaches, which is still at the design stage. On a visit to RCF on the occasion of its silver jubilee celebrations, Sri Adhir Ranjan Chowdhury, Hon'ble MoSR, has told the press. He unveiled an RCF Silver Jubilee Logo erected at the RCF Halt Chowk.

✓Mysore Railway Station of SWR has bagged the Tourist-Friendly Railway Station Award which is part of the National Tourism Awards for the year 2011-12, instituted by Ministry of Tourism, Government of India. Shri Vinod Kumar DRM/Mysore, received the award from President of India at a programme held in prestigious Vigyan Bhawan Complex, New Delhi on 18th March.

✓W.Rly has upgraded LHB-1AC coach of Mumbai-New Delhi Rajdhani Express on experimental basis at its Lower Parel Workshop. Keeping in mind the convenience of ladies and senior citizens, ergonomically designed wooden ladders have been provided instead of earlier metal ladders to climb up the upper berth.



✓For the first time, Southern Railway will put into operation new air-conditioned 'EMD' type diesel engines with dual cabins to haul long distance mail, express and super fast trains. Tiruchi shed is the first in South India to house air-conditioned EMD locos. A trial run of four locos with wider cabin and ergonomically designed seats was successfully done. Each of these locos has been fitted with a 1.5-tonne AC unit in the cabin that is also equipped with a couple of Thin Film Transistor (TFT) display to clearly view the performance of the engine and its various parameters on monitors installed right in front of the seats of Loco Pilots.

✓Due to some technical snag, fire erupted in B6 air-conditioned coach in Guwahati-Bangalore Express train at around 7.30 p.m. on 19th March. On noticing flames, Sri D.Sriram Reddy, Dy CTI, put out fire with an extinguisher and alerted the RPF & GRP of Tenali railway station over phone. When the train reached the station, the GRP and RPF police made the passengers alight safely and prevented stampede. The DyCTI and RPF & GRP personnel were honored by DRM and SP-Railways in a special function.

✓you can log on to Facebook to get real-time information on arrival and departure of trains, platform numbers and daily availability of seats regarding three railway stations in the Capital : DLI, NZM, NDLS.

✓Shri Pawan Kumar Bansal, Hon'ble Minister for Railways, launched the Wi-Fi facility on train no 12301/12302 Delhi-Kolkata Rajdhani at Delhi station on 2nd April 2. The passengers will now be able to connect to internet through Wi-Fi facility while travelling. Passengers will be given login ids and passwords for the duration of the journey based on the ticket details. The passengers will be able to browse the web, access email, chat and video services with 4 Mbps download and 512 Kbps upload bandwidth. However, the users may get much lower speeds because the bandwidth is for all the passengers on the train. In case the demand becomes high, the network has the intelligence to prioritise traffic like email over video download.

✓Internet access has been provided using two-way satellite hybrid with 2G/3G and Wi-Fi. The system consists of on-board satellite tracking antenna, multi-band antenna and Wi-Fi broadcasting equipment. The satellite antenna is placed on one of the power-generating coaches. The primary broadband link is established via satellite and in the event of non-availability of satellite the multi-access router automatically switches from satellite to 2G/3G spectrum to achieve 99 per cent connectivity. This is linked through Wi-Fi radios provided outside of each coach. This is further distributed inside the coaches through an indoor access point.

✓The Indian Railways achieved yet another significant milestone when it entered the one billion tonne select club in freight movement joining Chinese, Russian and USA railways. In 2012-13, Indian Railways have been able to achieve an originating freight loading of around 1010 million tonnes (i.e. one billion plus) which shows an incremental loading of 40 million tonnes (4.1% growth) over the last financial year. Hon'ble MR, Shri Pawan Kumar Bansal, has congratulated Railwaymen on this achievement.

✓The Minister of Railways Shri Pawan Kumar Bansal inaugurated International Conference on Dedicated Freight Corridor 'Challenges and Opportunities' organized by ASSOCHAM India, at Delhi on 4th April. The Minister also released ASSOCHAM-YES BANK knowledge Report "Corridors for India's Economic Development", on this occasion.

✓During the year 2013-2014, accumulations at the credit of subscribers to the GPF and other similar funds shall carry interest at the rate of 8.7% PA. This rate will be in force during the financial year beginning on 1.4.2013.

✓Shri Vinay Mittal, CRB, visited DLW on 19th April. He inspected locomotive manufacturing process and ongoing projects. He also inspected the driver cab of the WDP4D locomotive 40111. He also addressed the officers and watched a presentation based on production and other activities of DLW. He appreciated the performance of DLW and said that this year it was declared the best production unit of Indian Railways for manufacturing 294 locomotives.

✓An Indian signaller (Shri.Dharmesh Patel) working for British Rly acted swiftly to lift the automatic barrier on spotting a van trapped on a level crossing in Peterborough on East Coast line in the UK and saved the lives of the occupants of the van and also the train. He was very alert even though monitoring many CCTV screens at a time. He was praised by the Judge conducting the case and awarded by the High Sheriff.

✓The first railway station in Meghalaya at Mendipathar in the North Garo Hills would be inaugurated soon, chief minister Shri Mukul Sangma said on 12th April.

✓The DRM's Office, Guntakal/SCR, has become the first DRM office on Indian Railways to get the prestigious 5S certification awarded by the "Quality Circle Forum of India". It has taken 7 months of hard work and motivation to attain this target. During the course of this process, the Division has been able to dispose of 70 tonnes of old records/files. The Division has also implemented Software for record keeping, issuing and weeding out. Any file/record in DRM office can now be fetched in 30 seconds. Housekeeping has tremendously improved not only for filing but also in other areas like, toilets, parking, gardens, notice boards, homes, hospital, etc.

✓Guwahati-Barmer Express travelled 20 km without the engine on 24th March from Barmer with more than 400 passengers on board. The 13 coaches of the Express finally came to a stop at Gypsum Halt. The train was on platform no 3 of Barmer station while the engine was being shunted. Passengers were boarding the train when the train began moving without the engine being attached. The panicky passengers pulled the chain but that did not help. Relatives who had come to see off the passengers tried to get help and contacted the passengers over mobile phones. Stones were put on the track, but they failed to prevent the train from sliding away. The train with 13 compartments crossed six level crossings at a speed of 40kmph and stopped when it reached Gypsum Halt. A three member inquiry committee was set up to inquire into the incident and suggest measures to prevent such incidents in future.

✓With a view to creating awareness amongst masses in general and youth in particular about the exceptional biodiversity of India, the Union Minister of Railways, Shri Pawan Kumar Bansal, Minister of Environment & Forests Smt. Jayanthi Natarajan and Smt. Sheila Dikshit, Chief Minister of Delhi flagged off “Science Express Biodiversity Special (SEBS) Train” from Safdarjung Railway Station on 9th April. It has been a collaborative initiative of the Ministry of Environment & Forests (MoEF) & Department of Science & Technology (DST), Government of India, the Indian Railways, the Vikram Sarabhai Community Science Centre, and the Centre for Environment Education.

Under the second phase of programme, the SEBS will cover 62 stations over next 6 months. Of the 16 coaches of Science Express- Biodiversity Special, 8 are solely dedicated to showcasing the myriad biodiversity spread across all the bio-geographical zones of India through a variety of interactive exhibits, short films & videos that are shown on Plasma & LED TV screens, large format displays, kiosks, backlit panels, and so on. The rest of coaches have interesting & informative exhibits on Climate Change, Energy and Water conservation and topical issues in science. The popular Joy of Science Lab is mounted in an exclusive coach, in which students are guided to perform various experiments & activities to understand concepts of various themes projected in the train. Schools can fix appointments to visit the exhibition and also participate in Joy of Science lab by calling 09428405407/8 or by sending an e-mail to scienceexpress@gmail.com. A team of 40 young well-trained and highly motivated post graduates in science, who remain on-board throughout the entire journey, will facilitate the visitors and explain the content of the exhibits and also answer their queries.

✓The Union Minister for Railways Shri Pawan Kumar Bansal inaugurated the Chandigarh-Ludhiana Broadgauge Rail Line and Chandigarh-Amritsar Superfast Express Train via new route, at Chandigarh on April 19, 2013.

✓Pennar Industries Ltd has bagged orders worth Rs 50 crore for cold formed profiles, tubes and engineered components. The company bagged these orders from Integral Coach Factory, Texmaco, J Kumar Infra Projects, ALF Engineering, IVRCL, and IJM Infrastructure. The company now has order book of Rs 225 crore.

✓The 10th Annual Day Celebrations 2013 of Rail Vikas Nigam Ltd. (RVNL) was celebrated on 12th April.

✓Billed as one of Asia’s biggest shopping malls, the Lulu Shopping Mall was opened to public on 10th March. Built at a cost of over Rs.1600 crore, the mall is spread over 2.5 million square feet of space and is owned by EMKE group of United Arab Emirates (UAE) businessman M.A. Yousuf Ali, who hails from Kerala. The mall has nine theatres, 16 pairs of escalators, elevators and travelators. There is a 3,500-seat multi-cuisine food court and parking for 3,000 cars.

Australian BHP Iron ore train, the longest train to ever run in the world, this train is officially in the Guinness book of world records for the longest train. The record was set on June 21, 2001 in western Australia between Newman and Port Headland, a distance of 275km (170 miles) and the train consisted of 682 loaded iron ore wagons and 8 GE AC6000 locomotives giving a gross weight of almost 100,000 tonnes and moved 82,262 tonnes of ore, the train was 7.353 km (4.568 miles) long. BHP iron ore did this to test locotrol which is where locomotives are evenly placed along the length of the train. The locotrol setup was 2 locos-166 wagons, 2 locos-168 wagons, 2 locos-168 wagons, 1 loco-180 wagons then the last locomotive on the back. This very long train is controlled by only one driver. Certainly makes an awesome sight, enjoy!



ARJUNA AWARD WINNERS- ICF

	NAME S/SRI/SMT	DISCIPLINE	YEAR
1	G.JAGANNATH	TABLE TENNIS	1970
2	A.KAREEM	BALL BADMINTON	1973
3	S.VELLAI SWAMY	WEIGHTLIFTING	1974
4	M.TAMIL SELVAN	WEIGHTLIFTING	1978
5	WILSON CHERIAN	SWIMMING	1988
6	SARAMMA	ATHLETICS	1993
7	S.RAJA RATHINAM	KABADDI	1995

SL#6 is working as Asst Sports Officer and SL#4 working as SSE/Shop30.



Sri Senthil Kumaran, Jr Clerk/Shop81, is going to participate in the international body building competition this year.

He has secured 6th place in the Mr. Asia Bodybuilding Championship 2012 (Uzbekistan), silver medal in Mr. India Bodybuilding Championship 2012, Silver Medal in All India InterRailway bodybuilding championship (2010), Gold Medal in Mr. Tamil Nadu Bodybuilding Championship 2012.