

**GOVERNMENT OF INDIA
MINISTRY OF RAILWAY
(RAILWAY BOARD)**

No.2006/H/DC/JCM

New Delhi, Dated: 12.10.2006.

General Managers,
All Indian Railways (including Production Units),
Chief Medical Officer, Konkan Railway Corpn Ltd.,
C.B.D. Belapur, Navi Mumbai; and
Director General, RDSO, Lucknow.

Subject: Clarification of regarding chronic diseases in relation to Fixed Medical Allowance @Rs.100/- granted to Railway Pensioners.

As per Board's letter No.PC/V/98/1/7/1/1 dated 21.4.99 a fixed medical allowance @Rs.100/- per month is granted to the Railway Pensioners/family Pensioners who are residing beyond 2.5 kms. From Railway Hospital/Health Unit/Dispensary. This fixed medical allowance is given to meet day to day medical expenses. They are not entitled to receive outdoor treatment from Health Unit/Railway Hospital etc. except in cases of Chronic Diseases.

Arising out of demand in the DC/JCM September, 2006, the definition of Chronic disease and some illness which are to be treated as Chronic ones are hereby stated.

Any disease which persists for a period of approximately three months or more is defined as a chronic disease. Some of the common illness, which are treated as chronic diseases are given below:

1. Arthritis and related conditions.
2. Cardiovascular disease.
3. Cancer of any part of body.
4. Diabetes mellitus.
5. Epilepsy disorders.
6. Obesity/chronic weight loss.
7. Tuberculosis.
8. AIDS.
9. Oral Health Problem.
10. Chronic skin disorders.

Sd/-

(Dr. Pankaj Kapoor)
Executive Director/Health (Plg.)
Railway Board.